

Mersea Island Lions 10 Mile Road Race

Sunday 29 August 2010. 10:30 am

Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race No.
1	00:56:44	NEWTON, Mark	Springfield Striders	All Men	508
2	00:57:09	BURGOYNE, Chris	Springfield Striders	All Men	484
3	00:57:52	MANSFIELD, Mike	leigh on sea striders	All Men	576
4	00:58:16	DOBSON, Paul	Springfield Striders	40 + Male	457
5	00:58:27	KEARTON, Andrew	Colchester Harriers	All Men	505
6	00:59:26	OAKES, John	C&C	50+ Male	509
7	01:00:51	MARTIN, Lee	Springfield Striders	All Men	444
8	01:01:43	WILKINSON, KEITH	Chelmsford	50+ Male	427
9	01:02:00	SHARP, Russ	Gt Bentley	All Men	405
10	01:02:38	PUTT, Stuart	Springfield Striders	All Men	498
11	01:02:41	KNIGHTLEY, Terry	Ilford AC	50+ Male	483
12	01:04:22	ANDERSON, Paul	Springfield Striders	All Men	434
13	01:04:47	NEWELL, Kevin	Ilford AC	All Men	438
14	01:05:32	ALLEN, June	Springfield Striders	35+ Female	493
15	01:05:48	WRIGHT, DAVID	Gt Bentley	All Men	562
16	01:06:15	THOMAS, Ian	UK Net Runners	50+ Male	503
17	01:07:22	HAMPSHIRE, Louise	sudbury joggers	All Ladies	539
18	01:07:25	DUNGATE, Paul		All Men	458
19	01:07:47	WHISTON, ARTHUR	colchester harriers	50+ Male	451
20	01:08:32	SHIRLEY, Marie	sudbury joggers	All Ladies	450
21	01:08:35	SMITH, James	Gade Valley Harriers	All Men	420
22	01:08:49	PURSE, Christopher	Springfield Striders	50+ Male	432
23	01:09:18	STATHAM, MALCOLM	colchester harriers	40 + Male	564
24	01:09:22	CLARKE, Martyn		40 + Male	409
25	01:09:23	MORGAN, Simon	Tiptree road runners	40 + Male	449
26	01:09:24	JACKSON, Duncan		40 + Male	554
27	01:09:24	SALMON, Lee		All Men	435
28	01:09:30	EDWARDS, David	Cambridge Coleridge AC	50+ Male	478
29	01:09:41	KERN, WAYNE		40 + Male	545
30	01:09:41	KNOTT, Ian		40 + Male	511
31	01:10:30	JOSLIN, Gary	Springfield Striders	40 + Male	512
32	01:10:49	PRESTON, Paul		All Men	571
33	01:11:04	MENNELL, Simon	Braintree	40 + Male	534
34	01:11:31	GREALY, MIKE	halstead road runners	50+ Male	517
35	01:12:17	SPONG, SUE	havering 90 joggers	45+ Female	536
36	01:12:55	SNOWDON, Christopher	Springfield Striders	All Men	515
37	01:13:00	TUCK, Caroline	Dagenham 88 runners	45+ Female	477
38	01:14:03	MOULTON, Christopher		All Men	490
39	01:14:06	FAHIE, David		50+ Male	521
40	01:14:06	DOWNING, PETER		50+ Male	460
41	01:14:23	FAIRFULL, Jamie	Tiptree road runners	All Men	525
42	01:14:24	CLARKE, Phillip	Tiptree road runners	40 + Male	529
43	01:14:43	STATTER, Graham	Bishop Stortford	50+ Male	445
44	01:14:53	GILMORE, Desmond	Springfield Striders	All Men	514
45	01:15:01	MILLAR, Stuart		All Men	494
46	01:15:04	MOON, Anthony		All Men	556
47	01:15:43	BAILEY, Malcolm	Tiptree road runners	50+ Male	550
48	01:15:45	MILLER, Paul	Braintree	40 + Male	524
49	01:16:30	CARLISLE, PAUL	Gt Bentley	50+ Male	546
50	01:16:41	FRIBBENS, MARK	Braintree	40 + Male	513
51	01:16:44	HARRISON, TARA	CATS	All Ladies	572
52	01:17:14	MOON, Graeme	Tiptree road runners	50+ Male	500
53	01:17:21	ALEXANDER, Rodger	Colchester & Tendering	50+ Male	496

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54	01:17:30	SLATER, James	Tiptree road runners	60+ Male	527
55	01:17:31	PAYNE, DAVID	Tiptree road runners	50+ Male	532
56	01:17:49	CAHILL, Elizabeth	Colchester Harriers	45+ Female	495
57	01:17:58	COX, Steven	shropshire shufflers	50+ Male	506
58	01:18:15	THOMSON, Andrew	havering 90 joggers	All Men	429
59	01:18:33	COOK, CHRIS		60+ Male	555
60	01:18:50	GREAVES, Philip		All Men	518
61	01:19:00	FARADAY, Simon		40 + Male	519
62	01:19:06	BARRS, William		All Men	403
63	01:19:19	DENNIS, Malcolm	Serpentine Running Club	40 + Male	491
64	01:19:24	FARRAR, James		All Men	461
65	01:19:45	BURRETT, Martin		All Men	533
66	01:19:59	PURTELL, Paula	Essex Casuals	35+ Female	548
67	01:20:16	LINTON, Ian	Tiptree road runners	60+ Male	561
68	01:20:46	SILVERTON, Ross	Witham RC	60+ Male	417
69	01:21:22	SWAINE, STEPHEN		All Men	577
70	01:21:33	BOULDSTRIDGE, PETER	Tiptree road runners	50+ Male	551
71	01:21:40	BISHOP, Theresa	Gt Bentley	45+ Female	559
72	01:21:42	BISHOP, Des	Gt Bentley	40 + Male	560
73	01:22:00	SIBLEY, Trevor	Braintree	40 + Male	526
74	01:22:07	GREGORY, Kevin	Thrift Green Trotters	All Men	462
75	01:23:06	GRAHAM, Alex		50+ Male	541
76	01:23:07	ROBERTSON, Mark		40 + Male	412
77	01:23:12	JARVIS, Rachel	Harwich runners	45+ Female	437
78	01:23:14	CLARKE, Tina	Tiptree road runners	35+ Female	530
79	01:23:15	CURREN, Victoria	Springfield Striders	35+ Female	448
80	01:23:18	ARAKLITI, Zak		All Men	468
81	01:23:33	EDEN, NIGEL		50+ Male	578
82	01:24:04	MEADOWS, Terry	Nomads	50+ Male	575
83	01:24:22	GRIDLEY, DAVID	Havering	40 + Male	537
84	01:24:50	SIMPSON, Janine	Gt Bentley	35+ Female	522
85	01:24:53	MARR, Christopher		40 + Male	499
86	01:25:11	SHEWBRIDGE, PAUL	Tiptree road runners	50+ Male	436
87	01:26:40	NICHOLLS, Barrie	Dulwich Runners	50+ Male	479
88	01:26:54	MCKAY, Laura		45+ Female	410
89	01:26:56	BATES, Gill	eye cummyunity runners	45+ Female	474
90	01:28:01	DOLDEW, Gerry	Tiptree road runners	40 + Male	558
91	01:28:23	HEARD, Michael		40 + Male	504
92	01:28:23	THOMPSON, Andrew		40 + Male	404
93	01:28:41	KINDER, Toby	Barking Road Runners	40 + Male	454
94	01:28:45	WIJAYATILAKE, Lilani	Barking Road Runners	45+ Female	455
95	01:29:08	IRVINE, Liz	Springfield Striders	All Ladies	464
96	01:29:18	MILES, ALBERT	castle point joggers	60+ Male	465
97	01:29:28	WILLIAMS, Paul	pitsea rc	50+ Male	553
98	01:30:04	SPURGEON, Paul	FERC	40 + Male	510
99	01:31:04	THUROGOOD, Keith	halstead road runners	50+ Male	544
100	01:32:28	CARLISLE, Lex	Gt Bentley	50+ Male	547
101	01:32:41	PORTER, Caroline	Gt Bentley	45+ Female	549
102	01:32:46	QUINLIVAN, MICK	Billericay Striders	50+ Male	431
103	01:33:01	PENFOLD, Keith	havering 90 joggers	50+ Male	569
104	01:33:02	BROMBOSZCZ, Tracie	Witham RC	45+ Female	540
105	01:33:02	CHALLIIS, Tony		40 + Male	502
106	01:33:07	LEWIS, DEBBIE	Witham RC	45+ Female	523

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107	01:33:17	KERRISON, Paul	Harwich runners	40 + Male	402
108	01:33:56	STAFF, PETE		60+ Male	520
109	01:34:25	RANT, Robert	Dagenham 88 runners	50+ Male	475
110	01:34:25	JOHNSTONE, Amy	Dagenham 88 runners	All Men	563
111	01:35:06	MURRY, Chrissy		All Ladies	425
112	01:35:07	MACCARIELLU, Bettina	Thurrock	35+ Female	406
113	01:35:14	MEADOWS, Tricia	Nomads	45+ Female	573
114	01:35:41	ADAMS, Douglas	Dagenham 88 runners	60+ Male	567
115	01:35:52	HARGRAVE, Caroline		All Ladies	430
116	01:35:59	LINSTEAD, Michael	Dagenham 88 runners	40 + Male	566
117	01:36:16	WOLTON, Sam	halstead road runners	All Men	497
118	01:36:16	CHALLIS, Teresa		35+ Female	501
119	01:36:19	GREEN, Sally		45+ Female	557
120	01:36:51	CHEAL, Michelle		35+ Female	538
121	01:36:56	MCHUGH, Laura	leigh on sea striders	All Ladies	426
122	01:37:07	EASTER, Julia	Goyt Valley Striders	35+ Female	408
123	01:37:09	LINTOTT, Karen	leigh on sea striders	45+ Female	570
124	01:37:44	SEWARD, Lavinia	march ac	55+ Female	400
125	01:37:47	NEWMAN, Julie		35+ Female	441
126	01:38:49	BROOKS, David	Veterans AC	60+ Male	516
127	01:38:54	RIVERS, Lynn	leigh on sea striders	45+ Female	447
128	01:39:27	BENNETT, BRIAN		50+ Male	416
129	01:40:01	KNOWLES, Sarah	Springfield Striders	All Ladies	565
130	01:40:39	FOSTER, Paul	Gt Bentley	50+ Male	415
131	01:40:55	MCPHILLIPS, Ellen	leigh on sea striders	45+ Female	473
132	01:41:14	WEST, Davina		All Ladies	574
133	01:42:00	BAINES, Lynne		35+ Female	422
134	01:42:04	SHILLING, DAWN	Tiptree road runners	All Ladies	452
135	01:42:05	EDMONSTON, Tracy		35+ Female	423
136	01:43:21	EASLEY, Stephen	Serpentine Running Club	40 + Male	492
137	01:44:49	LAWRENCE, Jules	Tiptree road runners	35+ Female	531
138	01:46:17	WARNER, Jonathan		50+ Male	535
139	01:46:17	WILLIAMS, Lynne	Witham RC	45+ Female	542
140	01:46:51	LONGMAN, Nicola		45+ Female	439
141	01:47:12	BAKER, Gemma	Witham RC	All Ladies	543
142	01:47:26	DAVIS, Lee	Dagenham 88 runners	40 + Male	568
143	01:47:52	PEACOCK, Sarah	Springfield Striders	All Ladies	507
144	01:54:23	ADLER, LESLIE		60+ Male	443
145	01:56:11	EMERICK, Naomi	Witham RC	55+ Female	459

There were 145 finishers in the All Competitors category.

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