

## M I LIONS ROUND THE ISLAND RACE

Sunday 20 June 2010. 10:30 am

Results for All Competitors in finish order.

Place	Time	Name	Team	Cat	Race No
1	1:10:43	WHITWAM, Adrian	afd & army	All Men	35
2	1:15:14	REASON, Robert	Harwich runners	All Men	163
3	1:16:13	BARKER, JOHN	Thrift Green Trotters	40+ Male	100
4	1:21:22	HASKEY-JONES, James	Tiptree road runners	40+ Male	61
5	1:22:28	FOX, Tim	saint edmund pacers	40+ Male	82
6	1:22:35	PUTT, Stuart	Springfield Striders	All Men	168
7	1:22:38	DIXON, Clem	Cambridge H	40+ Male	18
8	1:24:34	SPOONER, Terence		All Men	56
9	1:25:04	WRIGHT, DAVID	Gt Bentley	All Men	162
10	1:26:28	READ, Roy		40+ Male	111
11	1:28:00	WIGGINS, SIMON	Felixstowe road runners	All Men	152
12	1:28:05	EASTWOOD, Graham		All Men	117
13	1:28:37	KNOTT, Ian		40+ Male	124
14	1:29:00	STRUTH, Sebastian		All Men	87
15	1:29:21	MORGAN, Simon	Tiptree road runners	40+ Male	68
16	1:29:27	ROUGHT, Craig	Colchester Harriers	All Men	150
17	1:29:28	SALMON, Lee		All Men	42
18	1:29:45	JACKSON, Duncan		40+ Male	122
19	1:29:48	WOMACK, Mark	Lowestoft road runners	40+ Male	32
20	1:29:54	COCKRELL, Jon	castle abc	40+ Male	147
21	1:29:57	BAKER, Graham	Mid Essex Casuals	60+ Male	4
22	1:30:06	GREALY, MIKE	halstead road runners	50+ Male	154
23	1:30:10	PRESTNEY, Stuart		All Men	153
24	1:30:55	STATTHAM, Malcolm	Colchester Harriers	40+ Male	172
25	1:31:02	BROCKBANK, Nikki	Springfield Striders	All Ladies	50
26	1:31:08	MILLAR, Stuart		All Men	59
27	1:31:43	JONES, Robert	Dulwich Runners	All Men	114
28	1:32:05	COVEY, Steven	castle abc	40+ Male	145
29	1:32:18	HULL, Catherine	Springfield Striders	All Ladies	76
30	1:33:00	KIRBY, Mat	prestige worldwide	All Men	112
31	1:33:02	LAVERACK, Matthew		All Men	74
32	1:33:15	RIDDELL, Avril	Mornington Chasers	55+ Female	49
33	1:33:44	SMITH, Andrew	grange farm dunmow runners	40+ Male	69
34	1:33:50	SAYER, Phil		All Men	155
35	1:33:59	SAVILL, David		50+ Male	91
36	1:34:00	SMITH, Jane	grange farm dunmow runners	35+ Female	70
37	1:34:17	PLOWMAN, Barry	Springfield Striders	40+ Male	64
38	1:35:23	BILTON, JASON	Colchester Harriers	40+ Male	149
39	1:35:42	RICHARDS, Russell		50+ Male	14
40	1:35:51	CASLIN, Sam		All Men	46
41	1:35:53	HAINES, Simon	Tiptree road runners	All Men	115
42	1:36:11	FROST, Martin		All Men	44
43	1:36:19	FAHIE, David		50+ Male	127
44	1:36:48	NORRIS, Francesca		45+ Female	148

Place	Time	Name	Team	Cat	Race No
45	1:37:02	NODDER, Jane	Mornington Chasers	45+ Female	7
46	1:37:24	BLECK, Paul		All Men	66
47	1:37:49	AVENT, Martin	Tiptree road runners	50+ Male	159
48	1:38:08	FLUTTER, Richard	Harwich runners	40+ Male	73
49	1:38:41	WATT, Chris		40+ Male	97
50	1:38:56	EVES, Sarah		35+ Female	58
51	1:39:05	BAILEY, Malcolm	Tiptree road runners	50+ Male	167
52	1:39:23	WEAVER, Dale	castle abc	40+ Male	118
53	1:39:49	HULL, Darran	Springfield Striders	All Men	75
54	1:39:53	ST PIERRE, James		All Men	85
55	1:40:13	TANNER, Lynn	Springfield Striders	55+ Female	71
56	1:40:26	REDFEARN, John	kibworth+fleckney runners	50+ Male	15
57	1:40:34	ROLERKITE, Lindsay	Braintree	35+ Female	3
58	1:41:00	MARSH, PATRICK	Colchester Harriers	40+ Male	151
59	1:41:11	BISSET-SMITH, Jo	grange farm dunmow runners	35+ Female	54
60	1:41:12	BAIWBRIDGO, David		All Men	99
61	1:41:26	BURRETT, Martin		All Men	90
62	1:41:27	BARRS, William		All Men	2
63	1:41:34	BROAD, Richard		All Men	157
64	1:42:09	GYNN, Dave	hogweed trotters	All Men	19
65	1:42:37	SWAINE, STEPHEN		All Men	170
66	1:42:52	HEARD, Michael		40+ Male	22
67	1:43:58	MOGGAN, Frank	Stowmarket	60+ Male	156
68	1:43:58	PARKER, Stephen		40+ Male	101
69	1:44:17	PETERS, Darren		All Men	143
70	1:44:43	GRAHAM, Alex		50+ Male	126
71	1:45:25	CALVERT, Mark		40+ Male	25
72	1:45:32	NICHOLAS, John		All Men	81
73	1:45:38	SILVERTON, Ross	Witham RC	60+ Male	9
74	1:47:15	MASON, James		40+ Male	98
75	1:47:26	KNIGHT, Anthony	Tiptree road runners	40+ Male	57
76	1:47:36	MORGAN, Jane		45+ Female	6
77	1:47:45	HOLMES, Nick		50+ Male	20
78	1:48:05	PYLE, Nicola	Springfield Striders	35+ Female	88
79	1:48:14	BRAVERMAN, Diana	Cambridge Coleridge AC	55+ Female	51
80	1:48:17	GIDLOW, Sarah		45+ Female	17
81	1:49:28	GRENVILLE, Mark		40+ Male	171
82	1:49:28	MUNSON, Mike	Stowmarket	50+ Male	107
83	1:49:39	TREDGETT, Rod		All Men	166
84	1:50:05	MORTON, Keith		40+ Male	161
85	1:50:13	BORRETT, Keith	Stowmarket	50+ Male	146
86	1:50:33	FROST, Adrian		40+ Male	41
87	1:50:45	HALL, CHRIS		All Men	116
88	1:51:13	CUDMORE, Stuart		All Men	77
89	1:51:15	BIRD, Billy		All Men	105
90	1:51:41	STAFF, Tuulia		35+ Female	102
91	1:51:52	FLINT, Andrew		40+ Male	13
92	1:51:58	BOWNES, CAROLYN	Tiptree road runners	45+ Female	80
93	1:51:59	DOBSON, BARRY	Tiptree road runners	60+ Male	79

Place	Time	Name	Team	Cat	Race No
94	1:53:57	SUTHERLAND, Alex	Mornington Chasers	40+ Male	11
95	1:54:07	MAYNE, Sarah	Mornington Chasers	45+ Female	12
96	1:54:31	SWAINE, Paula		35+ Female	169
97	1:54:32	STRUTH, Justine		35+ Female	86
98	1:54:54	O'MEARA, Chris		40+ Male	158
99	1:55:44	ARMSTRONG, Paul		40+ Male	164
100	1:56:25	BROSNAN, Tina		35+ Female	28
101	1:56:29	LINTON, Ian	Tiptree road runners	60+ Male	125
102	1:56:29	CLARKE, Tina	Tiptree road runners	35+ Female	110
103	1:57:42	JACKSON, Mike		60+ Male	165
104	1:58:25	HOWLETT, Ivan	Springfield Striders	60+ Male	160
105	2:00:10	BRIGHT, STEPHEN	British Ath supporters club	40+ Male	53
106	2:00:45	STAFF, PETE		60+ Male	103
107	2:01:38	DYER, Sarah		35+ Female	121
108	2:02:25	BOND, Andrew	Stowmarket	60+ Male	94
109	2:03:30	CHAPMAN, Karen	Springfield Striders	All Ladies	120
110	2:03:31	BANNISTER, Sharon	Springfield Striders	35+ Female	119
111	2:04:12	BENNETT, BRIAN		50+ Male	72
112	2:06:59	DEBONO, Charles		40+ Male	104
113	2:07:50	LIU, Susan	Dulwich Runners	All Ladies	113
114	2:08:10	FRASER, Hayley		All Ladies	78
115	2:09:04	SHILLING, DAWN	Tiptree road runners	All Ladies	89
116	2:09:10	HALL, Louise		All Ladies	1
117	2:09:53	NEWMAN, Julie		35+ Female	123
118	2:10:27	EDWARDS, Clare		35+ Female	84
119	2:10:37	HAIGH, Shaun		All Men	108
120	2:12:09	DUDMAN, Susannah		45+ Female	62
121	2:13:05	BOWES, Katinka		35+ Female	55
122	2:13:37	HUXLEY, Ben		40+ Male	109
123	2:13:37	EDWARDS, Ashley		40+ Male	83
124	2:15:39	MORGAN, Jack		All Men	5
125	2:16:05	DRAKE, Beverley		45+ Female	93
126	2:16:06	DANE, Nicole		35+ Female	96
127	2:24:42	EASTER, Julia	Goyt Valley Striders	35+ Female	24
128	2:25:14	BRAVERMAN, Terry	Haverhill RC	60+ Male	95
129	2:26:34	KING, Ruth		45+ Female	52
130	2:39:31	NEWSAM, Angela		All Ladies	23
131	2:39:31	BARNES, Ruth		All Ladies	34
132	2:44:44	BARNES, Patricia		55+ Female	39
133	2:53:32	WHYBURD, Stephen		40+ Male	106