

## **MERSEA ISLAND LIONS 10 MILE ROAD RACE**

Provisional Race Directors' Prize Presentation List

**Sunday 28 August 2011. 10:30 am**

<i>Cat</i>	<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Cat</i>	<i>RaceNo</i>
All Men	1	0:52:56	NEWTON, Mark	Springfield Striders	All Men	99
	2	0:59:18	DOBSON, Paul	Springfield Striders	40+ MEN	146
	3	1:00:33	NEWELL, Kevin	Iford AC	All Men	53
40+ MEN	1	1:01:02	STONE, Roger	Felixstowe road runners	40+ MEN	113
50+ MEN	1	1:03:00	BACK, Terry	Ipswich Jaffa	50+ MEN	109
60+ MEN	1	1:07:05	WHISTON, ARTHUR	colchester harriers	60+ MEN	6
All Ladies	1	0:59:41	STRADLING, SARAH	Colchester & Tendering	35+ LADIES	114
	2	1:04:30	ALLEN, June	Springfield Striders	35+ LADIES	59
	3	1:11:39	GLADWELL, VALERIE		35+ LADIES	93
35+ LADIES	1	1:12:38	DODDS, Vanessa	benfleet rc	35+ LADIES	122
45+ LADIES	1	1:17:35	PANTING, Melanie		45+ LADIES	44
55+ LADIES	1	1:17:06	KNOTT, Elspeth	Harwich runners	55+ LADIES	110