

## **MERSEA ISLAND LIONS 10 MILE ROAD RACE**

Sunday 28 August 2011. 10:30 am

### **Provisional Results for All Competitors in finish order.**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Team</b>	<b>Cat</b>	<b>Race No</b>
1	0:52:56	NEWTON, Mark	Springfield Striders	All Men	99
2	0:59:18	DOBSON, Paul	Springfield Striders	40+ MEN	146
3	0:59:41	STRADLING, SARAH	Colchester & Tendering	35+ LADIES	114
4	1:00:33	NEWELL, Kevin	Ilford AC	All Men	53
5	1:00:53	SMITH, James	Springfield Striders	All Men	95
6	1:01:02	STONE, Roger	Felixstowe road runners	40+ MEN	113
7	1:01:34	SAMSON, Alan		All Men	137
8	1:02:17	WEST, PETER	colchester harriers	40+ MEN	76
9	1:02:45	DALE, Simon	Gt Bentley	All Men	91
10	1:02:48	PRESTON, PAUL	Colchester Harriers	All Men	96
11	1:03:00	BACK, Terry	Ipswich Jaffa	50+ MEN	109
12	1:03:39	TUCK, Adam	Wright Tri	All Men	139
13	1:04:07	WRIGHT, James	Springfield Striders	All Men	77
14	1:04:30	ALLEN, June	Springfield Striders	35+ LADIES	59
15	1:04:35	SHARP, Russ	Gt Bentley	All Men	119
16	1:05:03	ANDERSON, Paul	Springfield Striders	All Men	23
17	1:05:21	COLE, Leo	Witham RC	40+ MEN	2
18	1:05:48	HASKEY-JONES, James	Tiptree road runners	40+ MEN	49
19	1:06:03	WOODRUFF, Michael	Bishop Stortford	40+ MEN	60
20	1:06:20	CARDY, Ian	Springfield Striders	40+ MEN	45
21	1:07:05	WHISTON, ARTHUR	colchester harriers	60+ MEN	6
22	1:07:55	CLARKE, Martyn		40+ MEN	15
23	1:08:06	PIKE, Tom		All Men	143
24	1:08:10	RUSSHARD, Paul		All Men	58
25	1:08:30	ASH, Jamie	Gt Bentley	All Men	90
26	1:09:47	KNOTT, Ian		40+ MEN	129
27	1:10:40	SQUIRRELL, Chris	Ipswich Jaffa	All Men	88
28	1:10:55	JOSLIN, Gary	Springfield Striders	40+ MEN	120
29	1:11:10	GILLINGHAM, Neil	Ipswich Harriers	All Men	107
30	1:11:31	BULLEID, Wayne	Braintree	40+ MEN	30
31	1:11:39	GLADWELL, VALERIE		35+ LADIES	93
32	1:12:22	FLUTTER, Richard	Harwich runners	40+ MEN	66
33	1:12:23	ASHE, Zoe	colchester harriers	All Ladies	31
34	1:12:38	DODDS, Vanessa	benfleet rc	35+ LADIES	122
35	1:12:47	WALNE, JASON		40+ MEN	19
36	1:13:09	FAIRFULL, Jamie	Tiptree road runners	All Men	124
37	1:13:26	HALL, ELEANOR	Mid Essex Casuals	All Ladies	80
38	1:13:49	CLARKE, Phillip	Tiptree road runners	40+ MEN	102
39	1:14:06	MOLE, Sarah	Colchester Harriers	35+ LADIES	150
40	1:14:18	SKINNER, EDWARD	Tiptree road runners	50+ MEN	1
41	1:14:34	STATHAM, MALCOLM	colchester harriers	40+ MEN	134
42	1:14:47	PEMBROKE, Lee	Witham RC	All Men	100
43	1:14:58	FRYATT, Daryl	southend ac	All Men	24
44	1:14:58	STEVENS, Kevin	Gt Bentley	All Men	41
45	1:15:12	LANKESTER, MARK	Ipswich Jaffa	40+ MEN	64
46	1:15:36	FRASER, Andy		All Men	123
47	1:15:44	RODWELL, Maxine	halstead road runners	35+ LADIES	32
48	1:15:49	GREALY, MIKE	halstead road runners	50+ MEN	111
49	1:15:54	EDEN, Anthony	benfleet rc	All Men	94
50	1:15:54	SAUNDERS, MARK		40+ MEN	128
51	1:16:28	MARTIN, Richard	victoria park	40+ MEN	149
52	1:16:29	TURNER, Andrew	Ipswich Jaffa	All Men	89
53	1:16:54	MOLE, DENY	Haverhill RC	60+ MEN	148
54	1:17:06	KNOTT, Elspeth	Harwich runners	55+ LADIES	110
55	1:17:06	KING, Adam		All Men	121
56	1:17:22	MCALLISTER, Stephen		All Men	98
57	1:17:33	FILTNESS, Emma	Gt Bentley	All Ladies	132
58	1:17:35	PANTING, Melanie		45+ LADIES	44

## **MERSEA ISLAND LIONS 10 MILE ROAD RACE**

Sunday 28 August 2011. 10:30 am

### **Provisional Results for All Competitors in finish order.**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Team</b>	<b>Cat</b>	<b>Race No</b>
59	1:17:58	BENNETT, Alex		All Men	97
60	1:18:09	HOLDER, JULIAN	pitsea rc	40+ MEN	81
61	1:18:17	MOON, Graeme	Tiptree road runners	50+ MEN	57
62	1:18:31	MEDDEMMEIN, Stuart	Tiptree road runners	All Men	604
63	1:18:37	SHAW, Eric	Gt Bentley	60+ MEN	36
64	1:18:59	MORLEY, Marcos	Tiptree road runners	40+ MEN	72
65	1:19:06	BOULDSTRIDGE, PETER	Tiptree road runners	50+ MEN	12
66	1:19:10	ALEXANDER, Rodger	Colchester & Tendering	50+ MEN	85
67	1:19:11	COOK, CHRIS	saint edmund pacers	60+ MEN	145
68	1:19:15	SLATER, James	Tiptree road runners	60+ MEN	101
69	1:19:22	WILLEY, Darren	Gt Bentley	All Men	25
70	1:20:02	ROBERTSON, Mark		50+ MEN	48
71	1:20:35	BLACKWELL, Paul	Gt Bentley	40+ MEN	140
72	1:21:08	BICKFORD, Kevin		All Men	601
73	1:21:19	ROLERKITE, Lindsay	Braintree	35+ LADIES	115
74	1:21:31	BROOMFIELD, Richard		40+ MEN	40
75	1:21:45	FAHIE, David		50+ MEN	602
76	1:21:49	PURBROOK, Clive		50+ MEN	117
77	1:22:12	HIGGON, Jeff	Harwich runners	50+ MEN	63
78	1:22:36	BAZLEY, Bernard		50+ MEN	106
79	1:22:37	CURREN, Victoria	Springfield Striders	35+ LADIES	18
80	1:23:03	BARTRAM, Dennis	mymondham rc	60+ MEN	38
81	1:23:10	LAMBERT, Helen	Braintree	45+ LADIES	22
82	1:23:53	COX, KEVIN	Gt Bentley	40+ MEN	118
83	1:24:06	FULLER, Peter	Tiptree road runners	All Men	603
84	1:24:12	SOUTHERNWOOD, Paul		40+ MEN	126
85	1:24:22	SIMPSON, Janine	Gt Bentley	35+ LADIES	131
86	1:24:32	KNIGHT, Ray		50+ MEN	130
87	1:25:00	THEIS, DANIEL		All Men	87
88	1:25:01	KERR, John	Witham RC	50+ MEN	84
89	1:25:19	THUMWOOD, Jim		40+ MEN	7
90	1:25:25	GILLAM, SALLY	Ilford AC	45+ LADIES	136
91	1:25:44	SILVERTON, Ross	Witham RC	60+ MEN	11
92	1:25:46	CHILDS, Christopher	Mid Essex Casuals	60+ MEN	75
93	1:26:04	BELL, Chris	pitsea rc	40+ MEN	61
94	1:26:22	GRIDLEY, DAVID	Havering	40+ MEN	606
95	1:26:26	COBBET, Dawn	worthing striders	45+ LADIES	8
96	1:26:28	EVANS, David	Havering	40+ MEN	82
97	1:27:52	KING, SALLY	Witham RC	45+ LADIES	83
98	1:28:42	WISKEN, Michael		All Men	51
99	1:28:53	SWAINE, Paula		35+ LADIES	125
100	1:28:58	MARKHAM, Gemma		All Ladies	133
101	1:28:59	GARDINER, FRANK	Gt Bentley	50+ MEN	142
102	1:29:25	ROWELL, Barry	Havering	NDB	147
103	1:29:48	LAWSON, STEPHEN	havering 90 joggers	50+ MEN	5
104	1:29:50	SEWARD, Michelle	march ac	35+ LADIES	116
105	1:30:12	DENGATE, Simon		All Men	127
106	1:30:45	MONTAGUE, Peter		40+ MEN	92
107	1:31:01	COBB, Sean		All Men	20
108	1:32:46	TAYLOR, Angela		45+ LADIES	69
109	1:33:15	GRAHAM, Alex		50+ MEN	605
110	1:33:26	MUNSON, Mike	Stowmarket	50+ MEN	46
111	1:34:26	MILES, ALBERT	castle point joggers	60+ MEN	105
112	1:34:33	LAW, BARBARA	Gt Bentley	55+ LADIES	135
113	1:34:47	BRIGHT, STEPHEN	British Ath supporters club	40+ MEN	73
114	1:35:15	WISKEN, Hayley		All Ladies	52
115	1:35:35	HIGGON, Jo	Harwich runners	45+ LADIES	62
116	1:37:06	FREWING, Jacqueline	Dagenham 88 runners	45+ LADIES	10

## **MERSEA ISLAND LIONS 10 MILE ROAD RACE**

Sunday 28 August 2011. 10:30 am

### **Provisional Results for All Competitors in finish order.**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Team</b>	<b>Cat</b>	<b>Race No</b>
117	1:39:03	SWANEPOEL, Konrad		40+ MEN	65
118	1:39:13	RIVERS, Lynn	leigh on sea striders	45+ LADIES	112
119	1:39:44	VAN DER MENVE, RONEL		45+ LADIES	67
120	1:39:47	KIRSH, NEIL	EETC	40+ MEN	3
121	1:39:57	HALL, Anne-louise		45+ LADIES	37
122	1:40:12	VEERASAMY, Timi	Dagenham 88 runners	55+ LADIES	103
123	1:40:14	WRIGHT, Susan		45+ LADIES	141
124	1:41:30	CHUMBLEY, Karen		35+ LADIES	78
125	1:41:30	CROOK, Jonathan		All Men	79
126	1:43:13	MCPHILLIPS, Ellen	leigh on sea striders	45+ LADIES	108
127	1:44:19	BROWN, Kevin		50+ MEN	104
128	1:44:35	EDMONSTON, Tracy	Tiptree road runners	35+ LADIES	28
129	1:44:35	MCVELIA, John	Tiptree road runners	40+ MEN	86
130	1:44:35	BAINES, Lynne	Tiptree road runners	35+ LADIES	13
131	1:46:38	DENBY, Tracey	Witham RC	45+ LADIES	29
132	1:50:03	EDWARDS, Paula	Witham RC	45+ LADIES	47
133	1:50:04	PACE, Louis		50+ MEN	138
134	1:50:40	JOHNSON, Ann	Witham RC	45+ LADIES	26