

Mersea Island Lions Round The Island Race

Mersea Lions Round The Island Race 2014

Sunday 22 June 2014. 10:30 am

Results for All Competitors in finish order-issue 4

Place	Time	Name	Team	Cat	Race No	
1	1:20:36	REASON, Robert	Harwich runners	All Men	347	1st Male
2	1:23:55	JONES, Carwyn	colchester harriers	All Men	176	2nd Male
3	1:24:33	JOPSON, Andrew	Tiptree road runners	All Men	328	3rd Male
4	1:26:29	SPICER, Neil	leigh on sea striders	All Men	211	
5	1:27:32	WYATT, PAUL	Metropolitan Police	All Men	226	
6	1:27:37	COX, Dave	woodford green acwel	45+ Male	341	1st Male 45+
7	1:27:45	MCGOUN, Neil		All Men	352	
8	1:28:07	DAWSON, Craig	Tiptree road runners	All Men	150	
9	1:28:35	WRIGHT, Andrew	Springfield Striders	All Men	340	
10	1:29:34	HORNBURGH, Craig	Orion Harriers	All Men	353	
11	1:30:33	HOWLETT, Adam		All Men	168	
12	1:31:42	HARROD, Mark	colchester harriers	All Men	164	
13	1:32:12	FICKEN, Benjamin	Gt Bentley	All Men	156	
14	1:32:39	SEYMOUR, CHRIS	Stowmarket	45+ Male	205	
15	1:32:51	RODGERS, Paul	colchester harriers	All Men	285	
16	1:32:56	HASKEY-JONES, James	Tiptree road runners	45+ Male	321	
17	1:32:59	RICHARDSON, Adam	Tiptree road runners	All Men	196	
18	1:34:01	BROCK, Dave	Orion Harriers	45+ Male	351	
19	1:34:07	GRIFFIN, Ciaran		45+ Male	62	
20	1:35:39	EMMANUEL, Coueron		All Men	354	
21	1:35:40	SHEWBRIDGE, LAURA	Colchester Harriers	All Ladies	263	1st Female
22	1:36:07	CONWAY, Andrew	Tiptree road runners	45+ Male	145	
23	1:36:14	SMITH, Simon	Colchester Harriers	45+ Male	118	
24	1:36:55	RUTTER, Mark	Harwich runners	45+ Male	278	
25	1:37:07	ADDISON, Alice	colchester harriers	All Ladies	3	2nd Female
26	1:37:17	PETERSEN, William		All Men	100	
27	1:37:27	FLUTTER, Richard	Harwich runners	45+ Male	239	
28	1:38:14	ALDIS, Daniel	Commando Runners	All Men	131	
29	1:38:21	SARGEANT, James		All Men	201	
30	1:38:31	GARDINER, Paul		All Men	309	
31	1:38:35	TAYLOR, Simon	col cani - sports	All Men	331	
32	1:38:56	NEWMAN, Richard	Harwich runners	45+ Male	256	
33	1:38:59	LEMONS, Marcos	colchester harriers	All Men	77	
34	1:39:09	SMITH, Peter		All Men	115	
35	1:39:38	MCKIM, Martin		All Men	276	
36	01:39:44	GOSLING, Glenn	Orion Harriers	All Men	348	
37	1:39:46	HORNER, Darren	Gt Bentley	All Men	245	
38	01:39:53	SAVAGE, Malcolm	Springfield Striders	45+ Male	349	
39	1:40:01	BODEN, Richard	Colchester Harriers	45+ Male	138	
40	1:40:54	ALLARD, Jason	Stowmarket	All Men	312	
41	1:41:34	MILLWARD, Richard	Harriers	All Men	189	
42	1:41:45	CASLIN, Sam		All Men	357	
43	1:41:52	FOWLER, Tom	Gt Bentley	All Men	54	
44	1:42:01	WOOD, Phil		45+ Male	225	
45	1:42:39	PERRY, Chris	saint edmund pacers	All Men	193	
46	1:42:48	KAD, Neil		All Men	248	

47	1:43:18	THOMPSON, Carl	Ipswich Jaffa	All Men	216	
48	1:43:29	WIRTZFEILD, Peter		45+ Male	129	
49	1:43:57	MACLEAN, Alli		All Men	183	
50	1:43:58	BROAD, Richard		All Men	23	
51	1:44:13	WIGGINS, Simon	Felixstowe road runners	All Men	297	
52	1:44:23	DENBOW, Nicholas		45+ Male	41	
53	1:44:45	FOGARTY, Stuart		45+ Male	240	
54	1:45:24	PHIPPS, Josh		All Men	101	
55	1:45:27	BEVAN, Malcolm		45+ Male	12	
56	1:46:26	GREALY, MIKE	halstead road runners	45+ Male	322	
57	1:46:43	FOX, Chris		45+ Male	55	
58	1:46:46	REDMAN, Dave		45+ Male	308	
59	1:46:51	DEACON, James		45+ Male	40	
60	1:46:52	GREEN, Neil		All Men	61	
61	1:46:52	GREEN, Al		All Men	60	
62	01:46:53	ROLERKITE, Lindsay	Braintree	40+ Female	313	
63	01:47:27	FORDHAM, Carl		All Men	157	
64	01:47:28	GRIMSDALE, Richard	saint edmund pacers	45+ Male	243	
65	01:47:30	BIRD, Peter	saint edmund pacers	All Men	13	
66	1:47:36	NODDER, Jane	Serpentine Running Club	40+ Female	94	1st Female 40+
67	1:47:36	SAIZ, Damian		All Men	350	
68	1:47:37	JAMES, Stuart		45+ Male	173	
69	1:47:47	SUNNUCKS, William		45+ Male	215	
70	1:47:58	SINGLETON, Octavia		40+ Female	208	
71	1:48:02	TAYLOR, Perry		45+ Male	330	
72	1:48:18	LIGHT, Gale		45+ Male	305	
73	01:48:27	STAFF, Tuulia		40+ Female	120	
74	1:48:35	KEAY, Andrew		All Men	249	
75	1:48:36	COMBER, Jim	sudbury joggers	All Men	35	
76	1:48:47	SAVILL, David		45+ Male	202	
77	1:49:17	RICHARDS, Russell		45+ Male	109	
78	1:49:18	PALMIER, Tracey		All Ladies	307	
79	1:49:19	MACROSSON, Ker	Stowmarket	45+ Male	288	
80	1:49:30	PIPPARD, James		All Men	103	
81	1:49:47	COCKRELL, Jon	castle abc	45+ Male	336	
82	1:50:17	MCLEAN, Simon		All Men	253	
83	1:50:38	RIDDELL, Avril	Mornington Chasers	40+ Female	110	
84	1:50:57	MITCHELL, Craig		All Men	317	
85	1:51:05	SINGLETON, Simon		45+ Male	209	
86	1:51:13	HOUGH, Mike		All Men	167	
87	1:51:21	TAVERNER, James		All Men	268	
88	1:51:24	DOWNES, Briony		All Ladies	235	
89	1:51:31	COATES, Mark		All Men	329	
90	1:51:53	GILLAM, Chris	Commando Runners	All Men	158	
91	1:51:55	BOOTH, James		All Men	18	
92	1:51:57	BISSET-SMITH, Jo	grange farm dunmow runners	40+ Female	16	
93	1:52:00	BEASLEY, John		45+ Male	9	
94	1:52:34	CATT, Steven		All Men	29	
95	1:52:56	LAVERACK, Matthew		All Men	252	
96	1:53:00	PEARCE, Jason		All Men	302	
97	1:53:11	FAIRFULL, Jamie	Tiptree road runners	All Men	275	
98	1:53:14	GARBETT, Charles		45+ Male	304	
99	1:53:41	LEEKES, Mark	Ipswich Jaffa	All Men	76	
100	1:54:03	ISHERWOOD, Angela	Commando Runners	All Ladies	170	
101	1:54:08	JOHNSON, Catherine	Commando Runners	40+ Female	70	
102	1:54:22	SIGGERS, Billy	Wolf Racers	All Men	316	

103	1:54:23	GOSLING, Lorraine	Orion Harriers	40+ Female	343
104	1:54:32	ALLEN, Daren		45+ Male	132
105	1:54:35	MILLS, Anna	Gt Bentley	All Ladies	87
106	1:54:37	SCOTT, Anthony		All Men	279
107	1:54:38	NORRIS, Francesca	Colchester Harriers	40+ Female	338
108	1:47:24	ILIFFE, Gavin	mersea football club	All Men	247
109	1:56:02	LOCK, James		All Men	78
110	1:56:08	BUNDY, Noel	Mid Essex Casuals	All Men	25
111	1:56:18	FOX, Vivian		45+ Male	283
112	1:56:38	LIPPIMORE, David		45+ Male	287
113	1:57:11	PRICE, Jonathan	sudbury joggers	45+ Male	258
114	1:57:19	ROLFE, Steven	Braintree	All Men	334
115	1:57:38	CRANE, Matthew	Coltishall Jaguars	All Men	147
116	1:57:55	MACAULAY, Amy		All Ladies	79
117	1:58:09	CLARKE, Steve	Colchester Harriers	All Men	233
118	1:58:12	ENDERS, Shelley	Witham RC	40+ Female	155
119	1:58:24	GODDARD, Louise	Stowmarket	40+ Female	242
120	1:58:28	LAWES, Mark	Tiptree road runners	45+ Male	152
121	1:58:35	SABEY, David		45+ Male	199
122	1:58:46	STEADMAN, Mark	Springfield Striders	45+ Male	267
123	1:58:56	SMITH, Richard		All Men	264
124	1:59:06	HUGHES, Amy		All Ladies	246
125	1:59:20	LODGE, Martin	road runners club	45+ Male	182
126	1:59:58	WATSON, Paul		All Men	127
127	2:00:06	CHURCH, Marc		All Men	273
128	2:00:19	ARMSTRONG, Mark		All Men	356
129	2:00:31	SILVERTON, Ross	Witham RC	45+ Male	113
130	2:00:32	STOLLERY, Richard		All Men	212
131	2:00:32	SIMON, Karl		All Men	207
132	2:00:54	MOORE, MELANIE	colchester harriers	40+ Female	88
133	2:01:02	BRIANT, Ian		All Men	139
134	2:01:04	EDEN, NIGEL		45+ Male	362
135	2:01:10	MCKEE, Rosanna		All Ladies	85
136	2:01:35	SWINDELL, DAVINA	Gt Bentley	All Ladies	124
137	2:01:43	CORNFORTH, Stephen		45+ Male	146
138	2:02:01	JOHNS, Chris		45+ Male	174
139	2:02:16	READ, Phillip		45+ Male	106
140	2:02:35	KENT, Phillip		45+ Male	339
141	2:02:38	DRAKE, Kevin		All Men	44
142	2:02:49	MOSS, Naomi		40+ Female	92
143	2:02:52	MACKLEY, Georgina		40+ Female	80
144	2:02:54	ATKINSON, Tom		All Men	135
145	2:02:58	RODRIGO, Nick		All Men	262
146	2:02:58	KING, Christopher		All Men	251
147	2:04:19	SCHRAMM, Steven	24 World	45+ Male	203
148	2:04:20	HELLMERS, Michael	24 World	45+ Male	165
149	2:04:35	CLARK, Adam		All Men	32
150	2:04:46	BRAY, Nick	hadleigh hares	45+ Male	311
151	2:04:46	MERCER, Kate		All Ladies	186
152	2:05:07	APPLEBY, Mike		All Men	134
153	2:05:14	STEPHENSON, Jo	Stowmarket	40+ Female	310
154	2:05:21	WEBSTER, Leon		All Men	303
155	2:05:39	WILSON, James		45+ Male	223
156	2:05:46	STOVELL, Craig		45+ Male	121
157	2:06:03	HIGDONS, Clive	Springfield Striders	45+ Male	67
158	2:06:14	BACK, Somei	Commando Runners	40+ Female	5

159	2:06:22	GLOVER, Stacy		All Ladies	159
160	2:06:38	MORAN, Sara	Run Eat Sleep Colchester	40+ Female	89
161	2:06:54	TUNBRIDGE, Daniel	Dengie 100 Runners	All Men	219
162	2:07:25	NORTH, Ian		45+ Male	95
163	2:08:03	CROSS, Paul		45+ Male	148
164	2:08:18	PRIESTLEY, James		45+ Male	259
165	2:08:31	ENDERS, David	Witham RC	45+ Male	154
166	2:08:39	KENT, Catherine		All Ladies	250
167	2:08:53	SUNNUCKS, Charlie		All Men	213
168	2:08:55	GRENVILLE, Mark		45+ Male	358
169	2:09:00	NEWTON, Sarah	Serpentine Running Club	40+ Female	191
170	2:09:09	HOBLYN, Tom	saint edmund pacers	45+ Male	68
171	2:09:12	WEBB, Sandra	saint edmund pacers	40+ Female	128
172	2:09:18	MAY, Chris		All Men	333
173	2:09:29	KEMP, Gemma		All Ladies	177
174	2:09:29	KEMP, Laura		All Ladies	178
175	2:10:38	LUMBY, David	mersea hash house harriers	45+ Male	314
176	2:10:41	MURRAY, Grant		All Men	326
177	2:10:45	CARTWRIGHT, Gary		45+ Male	282
178	2:11:09	RAVAT, Lionel		All Men	284
179	2:11:09	SMITH, Brian		45+ Male	117
180	02:11:10	REEVES, Julie		40+ Female	108
181	02:11:11	TBA		TBA	TBA
182	02:11:12	MORGAN, Simon		45+ Male	254
183	02:11:13	MORGAN, Abigail		All Ladies	255
184	02:11:14	TILBURY, Glen		All Men	217
185	2:11:19	BELSOM, Tina		40+ Female	229
186	02:11:40	DOUGHTY, Lee		45+ Male	234
187	02:12:09	VINCE, Nikki		40+ Female	270
188	2:12:11	WILSON, Katherine	Kate Wilson	40+ Female	224
189	2:12:27	MORRIS, David		All Men	190
190	2:12:33	COLE, Darren	LWfitness4all	All Men	143
191	2:13:00	CLARK, Mike	Gt Bentley	All Men	299
192	2:13:04	REES, Valerie	Tiptree road runners	40+ Female	107
193	2:13:26	HARPER, Hayley		All Ladies	64
194	2:13:26	KADANIKOVA, Michaela	Ipswich Jaffa	All Ladies	72
195	2:13:31	STREET, Anna		40+ Female	122
196	2:13:36	MCARTHY, George		All Men	83
197	2:13:38	GILLAM, SALLY	Harwich runners	40+ Female	241
198	2:13:45	BRAME, Steve	Springfield Striders	All Men	21
199	2:13:48	CULLEN, Ian		All Men	149
200	2:13:50	BOGGIS, Fred	woodbridge shufflers	45+ Male	231
201	2:14:07	ROGERS, Becky		40+ Female	342
202	2:14:10	SMITH, RICHARD	Felixstowe road runners	45+ Male	337
203	2:14:20	THOMAS, Kate	hadleigh hares	40+ Female	269
204	2:14:21	ELMES, Rebecca		All Ladies	237
205	2:14:25	BRADBURN-SIMS, Kellie	howgill harriers	40+ Female	20
206	2:14:30	MURTAGH, Ben		All Men	277
207	2:14:31	BACK, Daniel		All Men	6
208	2:14:32	WHITEHEAD, Graham		45+ Male	271
209	2:14:40	PINNER, Jayne	Thrift Green Trotters	40+ Female	102
210	2:14:42	IFFLAND, Gillian	saint edmund pacers	All Ladies	169
211	2:15:15	NORTON, Dorottya		All Ladies	192
212	2:15:47	PUTNAM, Neil		45+ Male	105
213	2:16:08	HALL, Ian	Serpentine Running Club	45+ Male	306

214	2:16:28	COBBETT, Dawn	worthing striders	40+ Female	33
215	2:16:55	NORTON, Bob		45+ Male	91
216	2:17:05	DE ORFE, Emily	dengie hundred runners	40+ Female	151
217	2:17:22	CONNEW, Darren		All Men	36
218	2:17:24	FROST, Adrian		45+ Male	56
219	2:17:36	FITZGERALD, Simon		45+ Male	52
220	2:18:19	DRAKE, Andy	LWFitness4all	All Men	45
221	2:18:30	LINTON, Ian	Tiptree road runners	45+ Male	286
222	2:19:15	MCKENNA, Clare	Harwich runners	All Ladies	86
223	2:19:35	STEVENS, Maxine	Springfield Striders	40+ Female	345
224	2:19:46	ROBBSHAW, Richard		45+ Male	111
225	2:20:44	CHAPMAN, Bob	benfleet rc	45+ Male	325
226	2:20:57	MILLS, Kevin		45+ Male	188
227	2:21:44	SHEERAN, Jack	mersea football club	All Men	280
228	2:22:00	STANNETT, Kate	Ipswich Triathlon Club	40+ Female	266
229	2:22:09	SMITH, Anthony		45+ Male	114
230	2:22:37	PRITCHARD, Kelly	100% Physical training	All Ladies	194
231	2:23:06	WIGGINS, Clara	Felixstowe road runners	All Ladies	298
232	2:23:42	FINBOW, Katie	Commando Runners	All Ladies	51
233	2:23:52	CHANDLER, Chris		All Men	30
234	2:24:02	CATT, Brian		45+ Male	28
235	2:24:38	TIDEY, Stuart		All Men	320
236	2:24:38	CAREY, Jonathan		All Men	318
237	2:24:41	BLOOM, Garry		All Men	319
238	2:24:51	MCCARTHY, Dicky		45+ Male	82
239	2:25:21	PAPWORTH, Louise	Harwich runners	40+ Female	257
240	2:25:29	CARLIN, Samantha		40+ Female	27
241	2:26:22	GOODRIDGE, Steve		45+ Male	161
242	2:26:41	WILLIS, Robert		All Men	332
243	2:27:45	NOWER, Stephen		All Men	97
244	2:27:45	EDWARDS, Trevor		45+ Male	48
245	2:28:25	CHRISTMAS, Hannah		All Ladies	360
246	2:29:03	MUMBY, Susan	rayleigh RR	40+ Female	93
247	2:30:14	LAMBERT, Janette		40+ Female	181
248	2:31:33	SOUTHGATE, Louise		All Ladies	210
249	2:31:33	DOUGHTY, Sebastian	team Lou & Shed	All Men	153
250	2:32:07	BIRD, Eloise	saint edmund pacers	40+ Female	14
251	2:32:50	HEGARTY, Sarah		All Ladies	66
252	2:34:38	BELSOM, Ruth		40+ Female	228
253	2:35:26	COLLING, Gemma		All Ladies	144
254	2:35:34	PARKINS, Teresa	Commando Runners	40+ Female	99
255	2:35:34	BRYCE, Rebecca		All Ladies	24
256	2:35:40	LEE-LAZONE, Elliot		All Men	344
257	2:38:38	COLLINS, Danny		All Men	34
258	2:39:09	COLSELL, Annette		All Ladies	315
259	2:39:09	GRAVES, Matt		All Men	163
260	2:39:18	STANNETT, Charlie	Ipswich Triathlon Club	45+ Male	265
261	2:39:54	CLARK, David		All Men	142
262	2:41:14	ANNETT, RUSS		45+ Male	4
263	2:41:51	NORTON, Chris		45+ Male	96
264	2:41:51	LARGE, Jonathan		45+ Male	74
265	2:42:04	JUUL, Charlotte		All Ladies	71
266	2:42:06	FOLEY, Emma		All Ladies	53
267	2:42:06	DOHERTY, Rachel		All Ladies	42
268	2:42:20	WIMBLEDON, Peter		45+ Male	324
269	2:42:58	BORRETT, Keith	Stowmarket	45+ Male	327

270	2:43:23	MEAD, Souka		All Ladies	323
271	2:44:03	SANDFORD, Richard	Commando Runners	45+ Male	200
272	2:45:27	MASON, Moira		40+ Female	355
273	2:45:29	MCVELIA, John	Tiptree road runners	45+ Male	185
274	2:45:31	FAIRFULL, Jeff	Tiptree road runners	45+ Male	274
275	2:47:30	DUDMAN, Susannah		40+ Female	236
276	2:48:07	PUTNAM, Susanna		40+ Female	104
277	2:51:53	HILDRED, Neil		45+ Male	301
278	2:51:53	GAMBLING, Antonia		All Ladies	346
279	2:53:53	RICHMOND, Gary		45+ Male	261
280	2:55:00	ADAMS, Julie		40+ Female	2
281	2:56:32	WALKER, Amy		All Ladies	125
282	3:00:17	MANNING, Holly	Run Eat Sleep Colchester	All Ladies	81
283	3:03:55	APPLEBY, Jean		40+ Female	133
284	3:04:03	HAY, Mark		All Men	359
285	3:11:47	BUSH, John		45+ Male	26
286	3:13:24	VARTY, Bernadene		All Ladies	221
287	3:13:24	KIELY, Guy		All Men	180
288	3:26:08	RICHMOND, Nicola		40+ Female	260
289	3:31:46	COSTON, Eleanor		All Ladies	39
290	3:47:57	BIRD, David		45+ Male	15
291	3:51:45	MORRIS, Gwendolyn	Commando Runners	40+ Female	90
<b>Well done everybody! Please let me know if we have missed you off the results</b>					