

Result of the Mens Teams team competition.

(3 competitors per team. Based on cumulative position.)

| Position | Team | Place | Time | Name | Meet Cat | Race No |
|----------|----------------------|-------|---------|---------------------|----------|---------|
| 1 | Tiptree road runners | | | | | |
| | | 3 | 1:24:33 | JOPSON, Andrew | All Men | 328 |
| | | 8 | 1:28:07 | DAWSON, Craig | All Men | 150 |
| | | 16 | 1:32:56 | HASKEY-JONES, James | 45+ Male | 321 |
| 2 | Colchester Harriers | | | | | |
| | | 2 | 1:23:55 | JONES, Carwyn | All Men | 176 |
| | | 12 | 1:31:42 | HARROD, Mark | All Men | 164 |
| | | 15 | 1:32:51 | RODGERS, Paul | All Men | 285 |
| 3 | Harwich Runners | | | | | |
| | | 1 | 1:20:36 | REASON, Robert | All Men | 347 |
| | | 23 | 1:36:55 | RUTTER, Mark | 45+ Male | 278 |
| | | 25 | 1:37:27 | FLUTTER, Richard | 45+ Male | 239 |
| 4 | Gt Bentley | | | | | |
| | | 13 | 1:32:12 | FICKEN, Benjamin | All Men | 156 |
| | | 34 | 1:39:46 | HORNER, Darren | All Men | 245 |
| | | 39 | 1:41:52 | FOWLER, Tom | All Men | 54 |
| 5 | Colchester Harriers | | | | | |
| | | 22 | 1:36:14 | SMITH, Simon | 45+ Male | 118 |
| | | 31 | 1:38:59 | LEMONS, Marcos | All Men | 77 |
| | | 35 | 1:40:01 | BODEN, Richard | 45+ Male | 138 |
| 6 | Stowmarket | | | | | |
| | | 14 | 1:32:39 | SEYMOUR, CHRIS | 45+ Male | 205 |
| | | 36 | 1:40:54 | ALLARD, Jason | All Men | 312 |
| | | 67 | 1:49:19 | MACROSSON, Ker | 45+ Male | 288 |
| 7 | Tiptree Road Runners | | | | | |
| | | 17 | 1:32:59 | RICHARDSON, Adam | All Men | 196 |
| | | 21 | 1:36:07 | CONWAY, Andrew | 45+ Male | 145 |
| | | 82 | 1:53:11 | FAIRFULL, Jamie | All Men | 275 |
| 8 | Springfield Striders | | | | | |
| | | 9 | 1:28:35 | WRIGHT, Andrew | All Men | 340 |
| | | 98 | 1:58:46 | STEADMAN, Mark | 45+ Male | 267 |
| | | 124 | 2:06:03 | HIGDONS, Clive | 45+ Male | 67 |
| | | | | | | |
| | | | | | | |