

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	0:28:17	HOLLEY, Paul	newmarket joggers		622	1
2	0:28:43	HEWES, Steve	Harwich runners		551	2
3	0:29:25	PUTT, Stuart	Springfield Striders		584	3
4	0:32:46	CHESS, Euan	Colchester & Tendring		526	4
5	0:32:51	HARPER, Kevin	Witham RC		529	5
6	0:33:38	ISELIVING, Simon			585	6
7	0:33:50	BUDGE, Ian	Billericay Striders		587	7
8	0:34:41	DALEY, Steven	beckenham rc		558	8
9	0:34:44	MORGAN, Simon	Tiptree road runners		534	9
10	0:35:19	HILL, Raymond	jaffa		531	10
11	0:35:20	FAULKNER, James	Run Eat Sleep Colchester		527	11
12	0:35:22	DOBSON, Jeremy			560	12
13	0:35:35	DAVEY, Matt	Tiptree road runners		565	13
14	0:35:37	DOBSON, Nick			559	14
15	0:35:46	CATTERMOLE, Debbie	Colchester Harriers		539	15
16	0:36:03	PITTMAN, Rebecca	Springfield Striders		520	16
17	0:36:03	THORNTON, Alex	Flyers Southend		572	17
18	0:36:19	SWAINE, STEPHEN			621	18
19	0:36:31	CLARKE, Graham	Gt Bentley		537	19
20	0:36:44	MARSHALL, Aaron			608	20
21	0:37:10	BELCHER, Ross			511	21
22	0:37:20	ROMAIN, Arthur			618	22
23	0:37:23	REYNOLDS, Paula	harlow rc		504	23
24	0:37:26	WALL, Adam	Mersea Bootcamps		546	24
25	0:38:02	SHARMAN-TRELIVING, David			574	25
26	0:38:07	GOODE, Robert			606	26
27	0:38:23	TRIPP, Christopher			568	27
28	0:38:46	HAYWARD, Paul	Rock Estate		613	28
29	0:38:52	MORAN, Sara	Run Eat Sleep Colchester		502	29
30	0:38:53	BATCHELOR, Jacky	Run Eat Sleep Colchester		549	30
31	0:38:59	GOODE, Graham			605	31
32	0:39:01	LEYLAND, Michael			577	32
33	0:39:07	LOZEAU, Robin			610	33
34	0:39:28	NELDER, Paul			542	34
35	0:39:45	SNOW, Claire			506	35
36	0:40:11	HASTINGS, Martin			599	36
37	0:40:27	SWINDELL, DAVINA	Gt Bentley		617	37
38	0:40:39	SKENE, Karen	Gt Bentley		561	38
39	0:40:40	OATES, Martin			576	39
40	0:40:59	BROWN, Robert			541	40
41	0:41:07	HOWARD, Mike			593	41
42	0:41:11	CLOUD, Sam			575	42
43	0:41:17	CHAMBERLAIN, Simon			589	43
44	0:41:19	CATLING, Trevor	Run Eat Sleep Colchester		514	44
45	0:41:28	HADGRAFT, Rob	Tiptree road runners		544	45
46	0:41:34	SMITH, Richard	Felixstowe road runners		588	46
47	0:41:56	STANTON, John	Tiptree road runners		566	47
48	0:43:00	LOWE, Kieran			553	48
49	0:43:13	SMITH, Anna Louise			518	49
50	0:44:35	ANGUS, Caroline			581	50
51	0:44:39	HAMILTON, Jo-anne	castle point joggers		595	51
52	0:45:00	FELLINGHAM, Richard	Stowmarket		611	52
53	0:45:04	SEEAR, John			508	53
54	0:45:43	FIRMIN, Daniel			612	54
55	0:45:43	HILL, Daniel			609	55
56	0:46:00	MARLOW, Douglas			563	56
57	0:46:01	TROUT, Sue			578	57

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58	0:46:09	GILES, Fiona			554	58
59	0:46:15	GILES, Stuart	Commando Runners		556	59
60	0:46:28	GARDINER, Jim	Flyers Southend		528	60
61	0:46:49	ROAKE, Simon			615	61
62	0:46:49	GARWOOD, Tracey			616	62
63	0:46:52	TRIPP, Alissa			567	63
64	0:46:56	GENT, Joanna			552	64
65	0:46:56	ROTHERO, Paula	Tiptree road runners		590	65
66	0:47:05	PACE, Louis			620	66
67	0:47:10	NEAVE, Philip	bungay black dog		543	67
68	0:47:21	WATKINS, Andy			604	68
69	0:47:24	HASTINGS, Caroline			530	69
70	0:47:35	BRITTON, Lisa			602	70
71	0:47:43	BIRD, Eloise	saint edmund pacers		591	71
72	0:47:45	WOODS, Daryn			536	72
73	0:47:52	HASTINGS, Charlotte			596	73
74	0:48:01	BEARD, Cathy			607	74
75	0:48:03	HURST, Becci			614	76
76	0:48:04	SINGLETON, Paul			623	77
77	0:48:21	AMOS, Michelle			538	78
78	0:49:07	HOY, Mark			603	79
79	0:49:08	KNIGHT, Paul			533	80
80	0:49:12	BRYCE, Rebecca			571	81
81	0:49:33	HICKEY, Carol	5 star boot camp		555	82
82	0:49:39	DARNELL, Bob			540	83
83	0:50:52	PARKINS, Theresa	Commando Runners		619	84
84	0:51:02	WHITE, Jordan	Kevin Grant		522	85
85	0:51:02	GRANT, Kevin			516	86
86	0:51:49	WILLIAMS, Sara			557	87
87	0:52:08	SNOW, Alison	Run Eat Sleep Colchester		525	88
88	0:52:58	BEAM, Anne-marie	Tiptree road runners		600	89
89	0:53:09	TROUT, Charles			573	90
90	0:54:02	MAYNE, Tom			597	91
91	0:54:57	DUMAS, Emily			515	92
92	0:55:15	WRAY, Sue	Mersea Bootcamps		524	93
93	0:55:17	JONES, Maxine	5 star boot camp		583	94
94	0:55:44	PANIB, Eleanor			580	95
95	0:57:00	KITCHING, Alyssa			594	96
96	0:57:54	PURDIE, Angelene	5 star boot camp		548	97
97	0:57:56	CAPEL, Melanie			545	98
98	0:58:19	BAKER, Lucy			509	99
99	0:58:25	WATSON, Ray	LDWA		598	100
100	0:58:33	DAVIES, Richard			582	101
101	0:58:43	PIKE, Rebecca			586	102
102	0:58:44	HILL, Coralie	Sweatshop running community		517	103
103	0:58:59	RICHMOND, Nicola			562	104
104	0:59:04	TALBOT, Dominic	Mersea Bootcamps		564	105
105	0:59:40	LEYLAND, John			579	106
106	0:59:51	BANNOCKS, Susan	Phoenix striders		510	107
107	1:00:08	TAYLOR, Val	Flyers Southend		592	108
108	1:01:49	MAURICE-WOODS, Johanne			547	109
109	1:03:16	SHAHRIARI, Lisa			521	110

There were 109 finishers in the All Competitors category.