

10 Mile Race

Sunday 30 August 2015. 10:30 am

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race	Race
1	0:55:47	SHEEHAN, Niall	Newham & Essex Beagles	All Men	325	1
2	0:56:15	NEWTON, Mark	Springfield Striders	All Men	301	2
3	0:56:31	ALLEN, Gavin	Springfield Striders	All Men	637	3
4	0:57:27	SMITH, James	Springfield Striders	All Men	329	4
5	0:58:32	CRAGGS, Thomas	Winchester and District AC	All Men	616	5
6	0:59:15	DOBSON, Paul	Springfield Striders	Man +45	252	6
7	1:00:20	CAMMACK, Tom	Springfield Striders	All Men	638	7
8	1:02:23	GAY, Chris	Newmarket Joggers	All Men	262	8
9	1:02:25	CLARKE, Nicholas	Ipswich Jaffa Running Club	All Men	237	9
10	1:02:48	DAVIS, Julia		All Ladies	617	10
11	1:03:02	ALLARD, Jason	Stowmarket Striders	All Men	266	11
12	1:04:19	WHITELEY, Matt		All Men	627	12
13	1:05:05	THOMAS, Clive	Great Bentley Running Club	Man +45	634	13
14	1:05:25	MELLISH, Gary		All Men	294	14
15	1:05:50	SHAMP, Russ	Great Bentley Running Club	All Men	652	15
16	1:06:24	COLE, Leo	Witham RC	Man +45	241	16
17	1:07:24	PIKE, Tom		All Men	658	17
18	1:07:34	CLARKE, Martyn	Colchester Harriers	Man +45	649	18
19	1:08:03	HARPER, Kevin	Witham RC	All Men	268	19
20	1:08:35	SUMMERS, Dan	Springfield Striders	All Men	339	20
21	1:09:34	RICHARDSON, Ian	Cambridge	Man +45	663	21
22	1:09:36	COUSINS, LEE	Braintree Distict Athletics Club	All Men	243	22
23	1:10:09	HARRIS, Tony		All Men	640	23
24	1:10:34	MITCHELL, Craig		All Men	669	24
25	1:10:38	POOLE, Joe	Happy Tuesdays	All Men	310	25
26	1:10:49	LAWRENCE, jeremy		Man +45	278	26
27	1:10:51	SOWERBY, Giles		All Men	335	27
28	1:11:01	SLAYFORD, Dan	Flyers	All Men	327	28
29	1:11:34	BUGDEN, Steve	Springfield Striders	Man +45	229	29
30	1:11:44	BOON, Marcus	Ipswich Jaffa Running Club	All Men	195	30
31	1:11:45	MASON, Gareth		All Men	290	31
32	1:11:52	MILLER, Simon	Springfield Striders	Man +45	296	32
33	1:12:16	WEBSTER, Leon		All Men	607	33
34	1:12:22	NELSON, David	Mornington Chasers	All Men	646	34
35	1:12:23	AUSTIN, mark		Man +45	186	35
36	1:12:37	OAKMAN, Annette	Colchester Harriers	Ladies +40	302	36
37	1:12:42	BARHAM, Jemma	Bootcamp	All Ladies	190	37
38	1:12:57	CURREN, Victoria	Springfield Striders	Ladies +40	247	38
39	1:13:02	GAY, Charles		All Men	261	39
40	1:13:16	RADLEY, William		All Men	313	40
41	1:13:47	DALE, Rachel		All Ladies	248	41
42	1:13:59	SCOTT, Tom		Man +45	665	42
43	1:14:02	CULLUM, Garry	Ipswich Jaffa Running Club	All Men	244	43
44	1:14:09	FOX, Chris	Woodbridge Shufflers	Man +45	260	44
45	1:14:28	STATHAM, MALCOLM	Colchester Harriers	Man +45	673	45
46	1:14:41	HARRINGTON, TRACY	Tiptree Road Runners	Ladies +40	660	46
47	1:14:45	WILKINSON, Daniel	Colchester Harriers	All Men	611	47
48	1:15:48	BURGESS, Chris		All Men	231	48
49	1:16:08	LANGSTAFF, Alasdair		All Men	654	49
50	1:16:34	SMITH, DAVID	Witham RC	Man +45	333	50
51	1:16:55	PICKETT, Samantha	Rochford Running Club	All Ladies	308	51
52	1:16:58	TAYLOR, Mark		All Men	342	52
53	1:17:04	BOOTH, James		All Men	196	53
54	1:17:10	CHANDLER, Gary	Springfield Striders	Man +45	235	54
55	1:17:44	ARAKLITI, Zak		All Men	185	55
56	1:17:50	BENHAM, MARK	Flyers	Man +45	194	56
57	1:18:15	MORRIS, Donna	Witham RC	Ladies +40	299	57

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
58	1:18:43	AYLETT, Christopher		All Men	188	58
59	1:18:46	REVESZ, Monika	Datchet Dashers	All Ladies	314	59
60	1:18:51	HAMMOND, Sarah	Springfield Striders	Ladies +40	265	60
61	1:18:57	DUNN, Colin	Castle Point Joggers	All Men	257	61
62	1:19:15	SHEFFIELD, Josephine	Braintree Distict Athletics Club	Ladies +40	326	62
63	1:19:19	LITTLESON, David	Springfield Striders	All Men	283	63
64	1:19:21	JOY, Dave	Rochford Running Club	Man +45	274	64
65	1:19:36	EDED, Nigel		Man +45	674	65
66	1:19:41	ROBERTSON, Mark	Rochford Running Club	Man +45	318	66
67	1:19:53	WHITE, Rob		All Men	657	67
68	1:20:19	GILLAM, Chris		Man +45	635	68
69	1:20:20	HIGGON, Jeff	Harwich Runners	Man +45	269	69
70	1:20:21	JONES, Martin		All Men	273	70
71	1:20:35	HEDGER, PAUL		Man +45	639	71
72	1:20:55	COBB, Sean		All Men	650	72
73	1:21:18	WEST, Robert	Leigh on Sea Striders	All Men	608	73
74	1:21:34	LONG, tim	Ipswich Jaffa Running Club	Man +45	284	74
75	1:21:49	MAGUIRE, kev	Flyers	Man +45	288	75
76	1:22:04	BUICK, Alastair		All Men	659	76
77	1:22:16	COLE, Darren	Commando Runners	All Men	239	77
78	1:22:30	TYLER, Kim	Clapham Chasers	All Ladies	345	78
79	1:22:48	HOCKEN, Adam	Witham RC	Man +45	651	79
80	1:23:19	KIRSH, NEIL		Man +45	276	80
81	1:23:50	PHILLIPS, Stuart	Braintree Distict Athletics Club	Man +45	307	81
82	1:24:11	FITZGERALD, Warren		All Men	644	82
83	1:24:45	AXFORD, Chris		Man +45	187	83
84	1:24:52	CHAMBERLAIN, Simon		All Men	633	84
85	1:25:22	MILLS, Francis	Harwich Runners	All Men	671	85
86	1:25:46	RAY, Steve	Flyers	All Men	662	86
87	1:25:59	SILVERTON, Ross	Witham RC	Man +45	666	87
88	1:26:08	PARKS, Nick	Happy Tuesdays	All Men	304	88
89	1:26:14	SMITH, Brian	Colchester Harriers	Man +45	332	89
90	1:27:03	COOK, CHRIS	St Edmund Pacers	Man +45	242	90
91	1:27:14	RICHARDSON, Jenny		Ladies +40	623	91
92	1:27:16	WAUDBY, Graham		Man +45	350	92
93	1:27:34	FELLINGHAM, Richard	Stowmarket Striders	Man +45	620	93
94	1:27:35	DAWBARN, Andy	East Essex TRI	Man +45	667	94
95	1:27:48	JEAVONS, Mark		All Men	618	95
96	1:27:57	RULTON, stephen	Sudbury Joggers	Man +45	320	96
97	1:28:11	CUNNINGHAM, Lydia	CHAC	Ladies +40	245	97
98	1:28:25	FITZGERALD, Angela		All Ladies	619	98
99	1:28:36	DOYLE, James		All Men	255	99
100	1:28:40	GRAINGER, Anita	Witham RC	Ladies +40	264	100
101	1:29:00	SEE, Richard	Dengie 100 Runners	All Men	648	101
102	1:29:08	SOUTHGATE, Rachel		All Ladies	334	102
103	1:29:27	PIERCY, Ann	Harwich Runners	Ladies +40	309	103
104	1:29:33	BARRY, Debbie	Harlow Running Club	Ladies +40	191	104
105	1:29:45	DRAKE, Kevin		All Men	256	105
106	1:29:57	JOHNSON, Andy		Man +45	622	106
107	1:30:05	TROTT, Claire		All Ladies	343	107
108	1:30:14	BRIGHT, Steve		Man +45	228	108
109	1:30:21	MARTIN, Karen	Harwich Runners	Ladies +40	289	109
110	1:30:23	WRAFTER, Patrick		Man +45	630	110
111	1:30:42	SPURR, Gavin	Run For Your Life	All Men	336	111
112	1:30:56	COLE, Adrian	Stowmarket Striders	Man +45	240	112
113	1:31:20	ROJAS, Keith		Man +45	319	113
114	1:32:01	CARVEY, Richard	Dengie 100 Runners	Man +45	234	114
115	1:32:03	BOSHELL, Samantha	Dengie 100 Runners	Ladies +40	197	115
116	1:32:03	SEXTON, Mandy		Ladies +40	324	116
117	1:32:08	BARHAM, Jeffrey	Bootcamp	Man +45	189	117

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
118	1:32:14	WILSON, julie		Ladies +40	628	118
119	1:32:23	COWEN, Stephen		Man +45	641	119
120	1:32:28	SEARLE, Caroline	Great Bentley Running Club	All Ladies	323	120
121	1:32:47	SMALLS, Fay	Colchester Harriers	Ladies +40	328	121
122	1:32:59	KITCHING, Michael		Man +45	277	122
123	1:33:35	ANGUS, Caroline		Ladies +40	647	123
124	1:33:36	BENHAM, Nicki	Flyers	Ladies +40	193	124
125	1:33:37	CUNNINGHAM, Sarah		All Ladies	246	125
126	1:33:51	DEBENHAM, Matt	Flyers	All Men	672	126
127	1:34:04	BUSH, John		Man +45	232	127
128	1:34:05	LINDSEY, Simone	Great Bentley Running Club	All Ladies	282	128
129	1:34:14	MASON, Joanna		Ladies +40	291	129
130	1:34:25	STONE, Helena		All Ladies	337	130
131	1:35:02	WATKINS, Michael		All Men	626	131
132	1:35:38	LYNCH, Jenny	Felixstowe Road Runners	Ladies +40	285	132
133	1:36:09	MACKIE, Robert	Bootcamp	All Men	287	133
134	1:36:18	GRAHAM, Alex		Man +45	632	134
135	1:36:55	ELL, Josanne	Flyers	All Ladies	258	135
136	1:36:55	VOYCE, Bill		Man +45	347	136
137	1:37:06	MCKELLY, Paula		All Ladies	293	137
138	1:37:08	CRONIN, Marianne		Ladies +40	668	138
139	1:37:31	TURPIN, Kayleigh		All Ladies	624	139
140	1:38:03	WOOD, Nathan		All Men	614	140
141	1:38:12	NORTON, Bob		Man +45	643	141
142	1:38:25	RIEGMAN, Kimberley	Springfield Striders	All Ladies	316	142
143	1:38:26	LEE-LAZONE, Elliot		All Men	631	143
144	1:38:51	TURK, Kelly	Springfield Striders	All Ladies	344	144
145	1:39:13	OWEN-WILLIAMS, Bryn	Happy Tuesdays	Man +45	303	145
146	1:39:28	WARNOCK, Harriet		All Ladies	625	146
147	1:39:44	DENBY, Tracey	Witham RC	Ladies +40	250	147
148	1:40:16	LANGSTAFF, Kate		All Ladies	653	148
149	1:41:42	PASSINGHAM, Keith	Flyers	Man +45	305	149
150	1:41:42	LIESCHING-SCHRODER, Karen	Flyers	Ladies +40	280	150
151	1:42:43	JARVIS, Gary		All Men	271	151
152	1:42:45	BROOKS, David		Man +45	267	152
153	1:42:46	PEAKER, Sally		Ladies +40	306	153
154	1:42:48	CAMPBELL-FREEMAN, Maggie	Flyers	Ladies +40	233	154
155	1:43:01	MACDONALD, Steve		Man +45	286	155
156	1:43:39	CLARKE, Alison	Great Bentley Running Club	Ladies +40	238	156
157	1:44:09	DORSET, Paul		All Men	253	157
158	1:45:08	DIXON, David		Man +45	636	158
159	1:45:39	MILES, ALBERT	Castle Point Joggers	Man +45	295	159
160	1:45:51	PASCOE, Darren		All Men	656	160
161	1:46:15	HOWARD, David	Witham RC	Man +45	642	161
162	1:46:29	REYES, Zoila		Ladies +40	655	162
163	1:46:55	HOY, Mark		All Men	670	163
164	1:47:02	ROWSON, David	Sweat Shop RC Nottingham	Man +45	645	164
165	1:48:04	IRVINE, Victoria	Flyers	All Ladies	270	165
166	1:48:49	CHATMAN, Wendy		Ladies +40	236	166
167	1:49:04	URAND, Kevin		Man +45	346	167
168	1:49:20	LIMPKIN-CHALLIS, Alyson		Ladies +40	281	168
169	1:50:18	FOLEY, David		Man +45	259	169
170	1:51:58	WETTON, Yvette		Ladies +40	609	170
171	1:52:59	JARVIS, Trish		Ladies +40	272	171
172	1:52:59	LEFLEY, Denise		Ladies +40	279	172
173	1:53:04	PRYOR, Richard		Man +45	311	173
174	1:53:40	WATSON, Wendy	LDWA	Ladies +40	349	174
175	1:55:22	DICKINSON, Jo	Felixstowe Road Runners	Ladies +40	251	175
176	2:04:33	WATSON, Ray		Man +45	348	176
177	2:07:45	MORRIS, Gwendolyn		Ladies +40	300	177

10 Mile Race, 10 Mile Race - Sunday 30 August 2015. 10:30 am

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
178	2:09:53	KELLY, Catherine	
179	2:13:42	YOUNG, Linda	

Race Age Category

Ladies +40

All Ladies

Race Race

275 178

615 179

There were 179 finishers in the All Competitors category.

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