

# 10 Mile Race

Sunday 30 August 2015. 10:30 am

## Result of the Mens Teams team competition.

(3 competitors per team. Based on cumulative time.)

### 1 : Springfield Striders

Place	Time	Name	Race Age Category	Race	Race
2	0:56:15	NEWTON, Mark	All Men	301	2
3	0:56:31	ALLEN, Gavin	All Men	637	3
4	0:57:27	SMITH, James	All Men	329	4
<b>9</b>	<b>2:50:13</b>	<b>Totals</b>			

### 2 : Springfield Striders

Place	Time	Name	Race Age Category	Race	Race
6	0:59:15	DOBSON, Paul	Man +45	252	6
7	1:00:20	CAMMACK, Tom	All Men	638	7
19	1:08:35	SUMMERS, Dan	All Men	339	20
<b>32</b>	<b>3:08:10</b>	<b>Totals</b>			

### 3 : Ipswich Jaffa Running Club

Place	Time	Name	Race Age Category	Race	Race
9	1:02:25	CLARKE, Nicholas	All Men	237	9
29	1:11:44	BOON, Marcus	All Men	195	30
38	1:14:02	CULLUM, Garry	All Men	244	43
<b>76</b>	<b>3:28:11</b>	<b>Totals</b>			

### 4 : Witham RC

Place	Time	Name	Race Age Category	Race	Race
15	1:06:24	COLE, Leo	Man +45	241	16
18	1:08:03	HARPER, Kevin	All Men	268	19
44	1:16:34	SMITH, DAVID	Man +45	333	50
<b>77</b>	<b>3:31:01</b>	<b>Totals</b>			

### 5 : Colchester Harriers

Place	Time	Name	Race Age Category	Race	Race
17	1:07:34	CLARKE, Martyn	Man +45	649	18
40	1:14:28	STATHAM, MALCOLM	Man +45	673	45
41	1:14:45	WILKINSON, Daniel	All Men	611	47
<b>98</b>	<b>3:36:47</b>	<b>Totals</b>			

### 6 : Springfield Striders

Place	Time	Name	Race Age Category	Race	Race
28	1:11:34	BUGDEN, Steve	Man +45	229	29
31	1:11:52	MILLER, Simon	Man +45	296	32
47	1:17:10	CHANDLER, Gary	Man +45	235	54
<b>106</b>	<b>3:40:36</b>	<b>Totals</b>			

### 7 : Flyers

Place	Time	Name	Race Age Category	Race	Race
27	1:11:01	SLAYFORD, Dan	All Men	327	28
49	1:17:50	BENHAM, MARK	Man +45	194	56
64	1:21:49	MAGUIRE, kev	Man +45	288	75
<b>140</b>	<b>3:50:40</b>	<b>Totals</b>			

### 8 : Stowmarket Striders

Place	Time	Name	Race Age Category	Race	Race
10	1:03:02	ALLARD, Jason	All Men	266	11
80	1:27:34	FELLINGHAM, Richard	Man +45	620	93
91	1:30:56	COLE, Adrian	Man +45	240	112
<b>181</b>	<b>4:01:32</b>	<b>Totals</b>			

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**9 : Happy Tuesdays**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
24	1:10:38	POOLE, Joe	All Men	310	25
76	1:26:08	PARKS, Nick	All Men	304	88
106	1:39:13	OWEN-WILLIAMS, Bryn	Man +45	303	145
<b>206</b>	<b>4:15:59</b>	<b>Totals</b>			

**10 : Witham RC**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
67	1:22:48	HOCKEN, Adam	Man +45	651	79
75	1:25:59	SILVERTON, Ross	Man +45	666	87
115	1:46:15	HOWARD, David	Man +45	642	161
<b>257</b>	<b>4:35:02</b>	<b>Totals</b>			

**11 : Flyers**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
74	1:25:46	RAY, Steve	All Men	662	86
97	1:33:51	DEBENHAM, Matt	All Men	672	126
107	1:41:42	PASSINGHAM, Keith	Man +45	305	149
<b>278</b>	<b>4:41:19</b>	<b>Totals</b>			