

5 Mile Race

Sunday 30 August 2015. 10:30 am

Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race	Race
1	0:27:55	HUNT, Will		All Men	923	1
2	0:28:57	MINGAY, Paul	Tiptree Road Runners	All Men	907	2
3	0:30:07	SHEPPARD, darren	Framlingham Flyers	All Men	911	3
4	0:31:04	WEST, PETER	Colchester Harriers	All Men	934	4
5	0:32:30	BUDGE, Ian	Billericay Striders	All Men	930	5
6	0:32:41	TRELIVING, Simon		All Men	914	6
7	0:32:42	DALEY, Steven		All Men	850	7
8	0:33:02	DELLAR, Paul	Tiptree Road Runners	All Men	902	8
9	0:33:04	BRIGHTY, Keith	Norwich Road Runners	All Men	392	9
10	0:33:06	BRIGHTY, josh	Norwich Road Runners	All Men	899	10
11	0:34:27	DOBSON, Nick	Springfield Striders	All Men	853	11
12	0:34:38	GODDEN, samantha	Bootcamp	All Ladies	862	12
13	0:34:53	KIRSH, Stephen			869	13
14	0:35:14	CATTERMOLE, Debbie	Colchester Harriers	All Ladies	901	14
15	0:35:33	WIRTZFELD, Peter	Worthing Striders	All Men	896	15
16	0:35:37	LANKESTER, George	Jaffa	All Men	943	16
17	0:35:40	SHARMAN-TRELIVING, David		All Men	917	17
18	0:36:18	REYNOLDS, Paula	Harlow Running Club	All Ladies	924	18
19	0:36:39	MCLEAN, Simon		All Men	929	19
20	0:36:52	SLAYFORD, Clive	Flyers	All Men	886	20
21	0:37:00	MORAN, Allen		All Men	944	21
22	0:37:57	DOBSON, Jeremy		All Men	852	22
23	0:38:05	BREWER, MARK		All Men	933	23
24	0:38:10	WAITE, Jay	Bootcamp	All Men	893	24
25	0:38:59	LANKESTER, MARK	Jaffa	All Men	941	25
26	0:39:06	ROLFE, Steven	Braintree	All Men	922	26
27	0:39:21	SAUL, David		All Men	910	27
28	0:39:29	AVERY, Mark	Ipswich Jaffa RC	All Men	389	29
29	0:39:54	HUMPHREYS, Jason		All Men	940	30
30	0:40:06	THEOBALD, Royston	Bootcamp	All Men	890	31
31	0:40:24	ALLEN, Karl		All Men	388	32
32	0:41:27	TROUT, Sue		All Ladies	892	33
33	0:42:04	WILSON, ian		All Men	912	34
34	0:42:10	MAY, Alex	Bootcamp	All Men	872	35
35	0:42:16	BAKER, Lee		All Men	928	36
36	0:42:25	CARR, James		All Men	927	37
37	0:42:26	DALE, Peter		All Men	398	38
38	0:42:55	MCLINTOCK, Gillian		All Ladies	906	39
39	0:42:57	SEEAR, John		All Men	880	40
40	0:42:59	ROBBSHAW, Richard		All Men	878	41
41	0:43:32	HARE, Roger		All Men	856	42
42	0:44:15	COBBETT, Dawn	Worthing Striders	All Ladies	396	43
43	0:44:56	GARDINER, Jim	Flyers	All Men	859	44
44	0:44:58	HAIR, Jeni		All Ladies	920	45
45	0:45:07	GRAY, Andy		All Men	904	46
46	0:45:13	HARE, Jude		All Ladies	858	47
47	0:45:17	PRATLEY, Martin	Tiptree Road Runners	All Men	916	48
48	0:45:22	PHILLIPS, Michelle	Braintree Distict Athletics Club	All Ladies	908	49
49	0:45:22	PHILLIPS, Lauren	Braintree Distict Athletics Club		909	50
50	0:45:37	CHANDLER, Jenny	Springfield Striders		393	51
51	0:45:46	VALDEZ, Sara		All Ladies	936	52
52	0:45:47	BINDING, Patrick		All Men	935	53
53	0:45:48	COULD, Zoe	Tiptree Road Runners	All Ladies	915	54
54	0:46:15	ROBERTSON, Glen		All Men	950	55
55	0:46:17	GLADWELL, Hayley	Bootcamp	All Ladies	860	56
56	0:46:24	JOHNSON-SPEAK, Helen		All Ladies	866	57
57	0:46:47	SORRELL, SUE	Great Bentley Running Club	All Ladies	888	58

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
58	0:46:51	GLASS, Charlotte		All Ladies	861	59
59	0:47:41	WIDDOWSON, Caroline		All Ladies	937	60
60	0:48:01	CHRISTMAS, Hannah		All Ladies	932	61
61	0:48:32	DOBSON, Meryl		All Ladies	903	62
62	0:48:36	TROUT, Charles		All Men	891	63
63	0:48:37	KETT, Matt		All Men	868	64
64	0:48:41	HIGGS, Jenny	Dengie 100 Runners	All Ladies	925	65
65	0:48:46	SIMPSON, Claire	Phoenix Striders	All Ladies	884	66
66	0:48:48	WALLIS, Karen	Pitsea Running Club	All Ladies	894	67
67	0:49:11	WEST, David	Leigh on Sea Striders	All Men	895	68
68	0:49:21	HURST, Simon		All Men	945	69
69	0:49:23	NUTLEY, Philip	St Edmund Pacers	All Men	897	70
70	0:49:31	DUDMAN, Stephen		All Men	855	71
71	0:49:42	LAW, Elizabeth	Flyers	All Ladies	870	72
72	0:49:43	WHITING, Angela	Stowmarket Striders	All Ladies	926	73
73	0:49:45	MICKLEY, James	Bootcamp	All Men	873	74
74	0:49:47	HAIR, Heather		All Ladies	919	75
75	0:49:53	HURST, Becci		All Ladies	946	76
76	0:50:05	BUICK, Alice		All Ladies	939	77
77	0:50:20	PARKINS, Theresa	Commando Runners	All Ladies	874	78
78	0:50:23	BRYCE, Rebecca	Commando Runners	All Ladies	900	79
79	0:51:03	PEAKER, Kevan		All Men	875	80
80	0:51:45	DARNELL, robert		All Men	851	81
81	0:52:07	WHITE, Jacqueline		All Ladies	949	83
82	0:53:09	DUDMAN, Susannah		All Ladies	854	84
83	0:53:47	WILTSHIRE, Maria		All Ladies	951	85
84	0:53:56	NUTLEY, Valerie	LDWA	All Ladies	898	86
85	0:54:26	SHEPHERD, Hayley		All Ladies	883	87
86	0:54:39	SIMPSON, Janet	Phoenix Striders	All Ladies	885	88
87	0:55:17	ROBERTS, Laura	Flyers	All Ladies	879	89
88	0:55:18	TAYLOR, Louise	Eton Manor	All Ladies	942	90
89	0:55:24	SHEPHERD, Charlotte		All Ladies	882	91
90	0:55:25	MOCRE, Carly		All Ladies	918	92
91	0:56:14	DALEY, stephanie		All Ladies	399	93
92	0:56:40	KITCHING, Alyssa		All Ladies	921	94
93	0:56:46	BELL, Stella		All Men	938	95
94	0:57:15	SMITH, Nicole	Halstead Road Runners	All Ladies	931	96
95	0:57:16	SMITH, Frederick		All Men	887	97
96	0:57:17	BISHOP, Joanna		All Ladies	947	98
97	0:59:17	BANNOCKS, Susan	Phoenix Striders	All Ladies	390	99
98	0:59:41	CLARK, Zoe		All Ladies	395	100
99	0:59:53	HARLETT-JOY, Catherine	Rochford Running Club	All Ladies	913	101
100	1:02:52	CHANDLER, Clare		All Ladies	394	102
101	1:03:17	HARRINGLEY, Ben	Flyers	All Men	864	103
102	1:03:17	HARRINGLEY, Laura	Flyers	All Ladies	863	104
103	1:05:29	BOSWELL, Tina	Flyers	All Ladies	391	105
104	1:17:10	SENIOR, Dawn		All Ladies	881	106
105	1:17:10	RICHMOND, Nicola		All Ladies	952	107

There were 105 finishers in the All Competitors category.