

Lions Race 10 Mile

Sunday 28 August 2016. 10:30 am

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
1	0:58:42	DAVIES, Gavin	Ipswich Jaffa RC	Team Men	40	1
2	0:59:40	BURGOYNE, Chris	Springfield Striders	Team Men	21	2
3	1:00:38	LAST, Jim	Framlingham Flyers	Team Men	199	3
4	1:03:18	CROZIER, Samuel		Team Men	37	4
5	1:06:21	VINICOMBE, Robert		Team Men	162	5
6	1:06:54	MITCHELL, Craig		Team Men	102	6
7	1:07:36	CONE, Elliot	Leigh on Sea Striders	Team Men	33	7
8	1:07:57	SMITH, Simon	Colchester Harriers	Team Men	150	8
9	1:09:00	BODEN, Richard	Colchester Harriers	Team Men	16	9
10	1:09:09	CONWAY, Sarah	Birchfield	Team Ladies	186	10
11	1:09:11	MILES, LLOYD	Billericay Striders	Team Men	100	11
12	1:09:12	DEAKIN, Rob	Birchfield	Team Men	190	12
13	1:09:20	BOON, Marcus	Ipswich Jaffa RC	Team Men	17	13
14	1:09:29	HAINING, WILLIAM	Harwich Runners	Team Men	678	14
15	1:09:37	GRINHAM, Carl		Team Men	59	15
16	1:10:09	JULICZ, Matt	AMTRI	Team Men	681	16
17	1:10:42	SLAYFORD, Dan		Team Men	142	17
18	1:10:50	GARDHAM, Dan		Team Men	54	18
19	1:11:07	SIMPSON, Peter		Team Men	680	19
20	1:11:35	BELSOM, Robin	Ipswich Jaffa RC	Team Men	11	20
21	1:11:40	DAVIES, Huw		Team Men	41	21
22	1:11:43	DAWSON, Craig	Tiptree Road Runners	Team Men	43	22
23	1:11:47	PEMBROKE, Lee	Witham RC	Team Men	114	23
24	1:11:54	GAY, Charles		Team Men	55	24
25	1:12:07	HAYES, Vikki	Chelmsford Athletic Club	Team Ladies	193	25
26	1:12:11	DAVISON, Paul		Team Men	42	26
27	1:12:24	HAINES, Simon		Team Men	62	27
28	1:12:40	WRAY, Neil		Team Men	178	28
29	1:13:00	STATHAM, MALCOLM	Colchester Harriers	Team Men	685	29
30	1:13:29	COOMBES, Andy	Southend on Sea AC	Team Men	228	30
31	1:13:51	POOLE, Joe		Team Men	118	31
32	1:14:04	RANSON, Ashleigh	Road Runners Club	Team Men	121	32
33	1:14:13	WOOD, Ben	Leigh on Sea Striders	Team Men	176	33
34	1:14:16	MILLER, Simon	Springfield Striders	Team Men	101	34
35	1:14:23	AGASTINA, Paul		Team Men	1	35
36	1:14:40	GREEN, Rory		Team Men	58	36
37	1:15:07	PICKETT, Samantha	Leigh on Sea Striders	Team Ladies	117	37
38	1:15:13	SMITH, DAVID		Team Men	147	38
39	1:15:22	HARRINGTON, TRACY	Tiptree Road Runners	Team Ladies	192	39
40	1:15:41	WHISTON, Arthur	Colchester Harriers	Team Men	174	40
41	1:15:42	SHILLAKER, Mark	Tiptree Road Runners	Team Men	210	41
42	1:15:48	VIDAL, Nuno		Team Men	160	42
43	1:15:57	KING, Elodie		Team Ladies	198	43
44	1:16:40	BENNETT BRITTON, Tom		Team Men	15	44
45	1:16:42	FOX, Chris	Woodbridge Shufflers	Team Men	52	45
46	1:17:11	SOUTHGATE, Oliver		Team Men	151	46
47	1:17:25	SCOTT, Mark		Team Men	208	47
48	1:17:25	HOLLIDGE, Paul	Great Bentley Running Club	Team Men	70	48
49	1:17:37	MORRIS, Donna	Springfield Striders	Team Ladies	104	49
50	1:17:54	STACEY, Jayne	Benfleet RC	Team Ladies	79	50
51	1:18:05	FARR, Richard	Southend Flyers	Team Men	230	51
52	1:18:11	DOWNHAM, Marc	Leigh on Sea Striders	Team Men	44	52
53	1:18:13	ORFORD, Martin	Phoenix Striders	Team Men	202	53
54	1:18:20	BURGESS, Chris	Runfit Essex	Team Men	688	54
55	1:18:31	STOW, Adam	Phoenix Striders	Team Men	156	55
56	1:18:45	DOWNING, PETER		Team Men	45	56
57	1:19:56	ALLEN, Karl		Team Men	3	57

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

Results produced by Mersea Island Lions Club. Printed by Mersea Island Lions Club on 1 September

Page 1 of 4

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
58	1:20:27	HORNE, Justin		Team Men	71	58
59	1:20:28	SALTER, Daniel		Team Men	129	59
60	1:20:38	HOWLETT, Martin		Team Men	75	60
61	1:20:45	RICHARDSON, Lloyd		Team Men	123	61
62	1:20:48	SAMUELS, Maris		Team Men	229	62
63	1:20:54	TOUGH, Ashley		Team Men	158	63
64	1:21:09	PURBROOK, Clive	Newmarket Joggers	Team Men	120	64
65	1:21:11	AXFORD, Chris		Team Men	5	65
66	1:21:16	SEWELL, Christopher	Springfield Striders	Team Men	133	66
67	1:21:26	FLETCHER, Sarah		Team Ladies	50	67
68	1:21:38	HEDGER, Paul	Witham RC	Team Men	217	68
69	1:21:41	WALNE, Jason		Team Men	164	69
70	1:22:26	KING, Adam		Team Men	80	70
71	1:22:26	COBB, Sean		Team Men	683	71
72	1:22:27	SAUL, David	Chiltern Harriers	Team Men	130	72
73	1:22:29	DALE, Kate		Team Ladies	189	73
74	1:22:32	HIGGON, Jeff	Harwich Runners	Team Men	67	74
75	1:24:05	FOX, Alan		Team Men	51	75
76	1:24:22	HURD, Paula		Team Ladies	196	76
77	1:24:24	PEARCE, Jo	Phoenix Striders	Team Ladies	113	77
78	1:24:31	SLATER, James	Tiptree Road Runners	Team Men	227	78
79	1:24:36	HAGAN, Tania	Leigh on Sea Striders	Team Ladies	61	79
80	1:24:45	BAKER, Simon	Tiptree Road Runners	Team Men	7	80
81	1:24:47	WILSON, Martin		Team Men	689	81
82	1:25:26	WAUDBY, Graham		Team Men	170	82
83	1:25:43	ALEXANDER, Gail	Leigh on Sea Striders	Team Ladies	2	83
84	1:25:49	JONES, Gemma	Phoenix Striders	Team Ladies	197	84
85	1:25:50	ROJAS, Keith		Team Men	128	85
86	1:26:02	WARNE, John		Team Men	167	86
87	1:26:10	BELSOM, Catherine	Stowmarket Striders	Team Ladies	180	87
88	1:26:21	BROWN, Tom		Team Men	20	88
89	1:26:39	VINICOMBE, Kim		Team Ladies	161	89
90	1:27:23	ROSS, Stuart	Benfleet RC	Team Men	224	90
91	1:27:51	SMITH, Nicole	Halstead Road Runners	Team Ladies	149	91
92	1:28:02	HEALEY, Steven	Phoenix Striders	Team Men	65	92
93	1:28:16	TAYLOR, Paul		Team Men	157	93
94	1:28:45	KIRSH, NEIL		Team Men	81	94
95	1:28:56	CHAMBERS, Thomas	Brandon Fern Hoppers	Team Men	25	95
96	1:29:11	DARBY, PAUL		Team Men	39	96
97	1:29:20	BEAN, Ruth		Team Ladies	9	97
98	1:29:23	GREGORY, Paul	Tiptree Road Runners	Team Men	218	98
99	1:29:31	SMITH, Anthony	Witham RC	Team Men	211	99
100	1:29:34	ROBERTS, Ruth	Phoenix Striders	Team Ladies	127	100
101	1:29:51	HOLDER, JULIAN	Tiptree Road Runners	Team Men	195	101
102	1:29:54	SOUTHGATE, Rachel		Team Ladies	152	102
103	1:30:18	LEWENDON, Arabella	Stowmarket Striders	Team Ladies	200	103
104	1:30:20	MCDONALD, Cheryl	Pitsea Running Club	Team Ladies	89	104
105	1:30:37	HILLYARD, Sam	Braintree Distict Athletics Club	Team Men	69	105
106	1:30:44	PETITT, Steve	Leigh on Sea Striders	Team Men	116	106
107	1:30:49	CONNOR, Elisabeth		Team Ladies	34	107
108	1:31:27	LUFF, Hannah	Springfield Striders	Team Ladies	88	108
109	1:31:57	PEARCE, Chlope	Phoenix Striders	Team Ladies	205	109
110	1:32:26	MONKS, Charlotte		Team Ladies	103	110
111	1:32:31	BRIGHT, Steve		Team Men	19	111
112	1:32:41	BOSHELL, Samantha		Team Ladies	18	112
113	1:32:46	BAKER, Lorraine	Tiptree Road Runners	Team Ladies	6	113
114	1:33:01	COWEN, Stephen		Team Men	187	114
115	1:33:13	COOK, CHRIS	St Edmund Pacers	Team Men	682	115
116	1:33:19	GRINHAM, Hannah		Team Ladies	60	116
117	1:33:21	KITCHING, Michael		Team Men	83	117

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
118	1:33:40	SPURR, Gavin		Team Men	216	118
119	1:33:48	KAY, Claire	Phoenix Striders	Team Ladies	676	119
120	1:33:51	CUBBERLEY, Deborah	Great Bentley Running Club	Team Ladies	38	120
121	1:33:59	MILLS, David Eddie	Phoenix Striders	Team Men	679	121
122	1:34:29	GODFREY, Katherine		Team Ladies	56	122
123	1:34:45	RIVERS, Nic	Leigh on Sea Striders	Team Men	125	123
124	1:35:00	RUROWICZ, Michal		Team Men	209	124
125	1:35:05	HAIR, Jez		Team Men	181	125
126	1:35:09	PAERSON, Jenni	Leigh on Sea Striders	Team Ladies	108	126
127	1:35:33	JARVIS, Trish		Team Ladies	77	127
128	1:35:45	SUMMERSGILL, Daniel		Team Men	691	128
129	1:36:52	ROTHERO, Paula	Tiptree Road Runners	Team Ladies	207	129
130	1:37:05	HARRINGTON, Trina	Halstead Road Runners	Team Ladies	64	130
131	1:37:13	SHILLING, Dawn	Witham RC	Team Ladies	137	131
132	1:37:22	YOUNG, Mark		Team Men	179	132
133	1:37:27	MCHUGH, Laura	Leigh on Sea Striders	Team Ladies	94	133
134	1:37:41	DE SOUZA, Francesca	Southend Flyers	Team Ladies	214	134
135	1:37:42	OWEN-WILLIAMS, Bryn		Team Men	107	135
136	1:37:47	CARVEY, Richard		Team Men	24	136
137	1:38:05	SIMPSON, Wendy		Team Ladies	141	137
138	1:38:11	PASCOE, Darren		Team Men	204	138
139	1:38:12	HARRIS, Sybil	Jogging Made Easy	Team Ladies	220	139
140	1:38:22	CHAPLIN, Lynne	Southend Flyers	Team Ladies	215	140
141	1:38:29	SEXTON, Mandy		Team Ladies	134	141
142	1:38:51	CRONIN, Marianne		Team Ladies	36	142
143	1:39:02	PUTNAM, Neil		Team Men	206	143
144	1:39:10	RIVERS, Lynn	Leigh on Sea Striders	Team Ladies	124	144
145	1:39:15	CLAYDS, Andi		Team Ladies	29	145
146	1:39:16	BENHAM, MARK		Team Men	13	146
147	1:39:48	WEST, Robert	Leigh on Sea Striders	Team Men	173	147
148	1:39:57	LEFLEY, Denise		Team Ladies	86	148
149	1:39:58	HOY, Mark		Team Men	690	149
150	1:40:10	SMALLS, Fay	Colchester Harriers	Team Ladies	145	150
151	1:40:27	CRAIG, Jordan		Team Men	35	151
152	1:40:30	MASLEN, Nicola	Phoenix Striders	Team Ladies	92	152
153	1:40:31	VOYCE, Bill		Team Men	163	153
154	1:40:53	CLARKE, Tina	Tiptree Road Runners	Team Ladies	225	154
155	1:41:11	GRAY, Lindsey		Team Ladies	57	155
156	1:41:11	WILKINSON, John		Team Men	175	156
157	1:41:11	HOCKETT, Gemma		Team Ladies	194	157
158	1:41:42	LEE-CAZONE, Elliot		Team Men	684	158
159	1:41:44	MCPHILLIPS, Ellen	Leigh on Sea Striders	Team Ladies	96	159
160	1:41:45	PHILLIPS, Theresa	Leigh on Sea Striders	Team Ladies	687	160
161	1:41:46	KETTERER, Tim	Leigh on Sea Striders	Team Men	686	161
162	1:41:48	CLARK, Caroline		Team Ladies	185	162
163	1:42:23	PARKER, Jeremy		Team Men	110	163
164	1:42:23	PARKER, A		Team Ladies	109	164
165	1:42:30	BLACK, Hayley		Team Ladies	183	165
166	1:43:56	WELLINGTON, Jacqui		Team Ladies	172	166
167	1:43:56	PORTER, Debra		Team Ladies	119	167
168	1:43:56	STARLING, Sarah		Team Ladies	154	168
169	1:44:19	MILES, ALBERT	Castle Point Joggers	Team Men	99	169
170	1:44:55	GRAHAM, Alex		Team Men	191	170
171	1:45:09	TOUGH, Dave		Team Men	159	171
172	1:45:42	HARRINGTON, Paul	Halstead Road Runners	Team Men	63	172
173	1:47:44	MAY, Rebekah		Team Ladies	675	173
174	1:48:25	WALKINGSHAW, Grahame		Team Men	223	174
175	1:48:40	HOWE, Theresa	Pitsea Running Club	Team Ladies	74	175
176	1:48:42	SMITH, Angela	Pitsea Running Club	Team Ladies	146	176
177	1:48:49	ROTHWELL, Sally		Team Ladies	677	177

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
178	1:50:01	CHEUNG, Samantha	Tiptree Road Runners	Team Ladies	27	178
179	1:50:05	CULLUM, Tina	Ipswich Jaffa RC	Team Ladies	188	179
180	1:50:56	FREEMAN, Jean		Team Men	53	180
181	1:50:56	ROBERTS, Ian		Team Men	126	181
182	1:51:08	SHEPHERD, Seonaid	Tiptree Road Runners	Team Ladies	135	182
183	1:51:38	MARSH, Larina	Tiptree Road Runners	Team Men	91	183
184	1:51:50	BENHAM, Nicki		Team Ladies	14	184
185	1:51:50	WOOD, Maria	Leigh on Sea Striders	Team Ladies	177	185
186	1:53:57	STEVENSON, Nicola	Felixstowe Road Runners	Team Ladies	155	186
187	1:54:06	MCSORLEY, Lorraine		Team Ladies	97	187
188	1:54:20	SPITTLE, Jennifer		Team Ladies	212	188
189	1:55:09	OXLADE, Lianne		Team Men	203	189
190	1:55:10	OKEEFE, Catherine		Team Ladies	168	190
191	1:55:44	SMALLEY, Jess	Leigh on Sea Striders	Team Ladies	144	191
192	1:56:51	MILLER, Rachael	Felixstowe Road Runners	Team Ladies	222	192
193	1:57:21	BUSH, John	Great Bentley Running Club	Team Men	23	193
194	1:58:22	OLSZEWSKA, Agnieszka		Team Ladies	106	194
195	1:58:22	JASTRZEBSKI, Dariusz		Team Men	78	195
196	1:59:12	SMITH, Amanda	Felixstowe Road Runners	Team Ladies	221	196
197	1:59:43	CAMPBELL-FREEMAN, Margaret		Team Ladies	184	197
198	1:59:43	ELLIS, Carol		Team Ladies	46	198
199	2:00:41	JACKSON, Zoe	Tiptree Road Runners	Team Ladies	76	199
200	2:02:53	HOWE, Nelson		Team Men	73	200
201	2:06:09	CARGILL, Oliver		Team Men	219	201
202	2:06:10	SHERWIN, Jean		Team Ladies	136	202
203	2:06:32	BARRETT, Maddy		Team Ladies	8	203
204	2:07:27	PASSINGHAM, Keith		Team Men	111	204
205	2:07:27	LIESCHING-SCHRODER, Karen		Team Ladies	87	205
206	2:21:28	MCSORLEY, Stuart		Team Men	98	206

There were 206 finishers in the All Competitors category.