

Lions Race 10 Mile

Sunday 28 August 2016. 10:30 am

Results for All Men in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
1	0:58:42	DAVIES, Gavin	Ipswich Jaffa RC	Team Men	40	1
2	0:59:40	BURGOYNE, Chris	Springfield Striders	Team Men	21	2
3	1:00:38	LAST, Jim	Framlingham Flyers	Team Men	199	3
4	1:03:18	CROZIER, Samuel		Team Men	37	4
5	1:06:21	VINICOMBE, Robert		Team Men	162	5
6	1:06:54	MITCHELL, Craig		Team Men	102	6
7	1:07:36	CONE, Elliot	Leigh on Sea Striders	Team Men	33	7
8	1:07:57	SMITH, Simon	Colchester Harriers	Team Men	150	8
9	1:09:00	BODEN, Richard	Colchester Harriers	Team Men	16	9
10	1:09:11	MILES, LLOYD	Billericay Striders	Team Men	100	11
11	1:09:12	DEAKIN, Rob	Birchfield	Team Men	190	12
12	1:09:20	BOON, Marcus	Ipswich Jaffa RC	Team Men	17	13
13	1:09:29	HAINING, WILLIAM	Harwich Runners	Team Men	678	14
14	1:09:37	GRINHAM, Carl		Team Men	59	15
15	1:10:09	JULICZ, Matt	AMTRI	Team Men	681	16
16	1:10:42	SLAYFORD, Dan		Team Men	142	17
17	1:10:50	GARDHAM, Dan		Team Men	54	18
18	1:11:07	SIMPSON, Peter		Team Men	680	19
19	1:11:35	BELSOM, Robin	Ipswich Jaffa RC	Team Men	11	20
20	1:11:40	DAVIES, Huw		Team Men	41	21
21	1:11:43	DAWSON, Craig	Tiptree Road Runners	Team Men	43	22
22	1:11:47	PEMBROKE, Lee	Witham RC	Team Men	114	23
23	1:11:54	GAY, Charles		Team Men	55	24
24	1:12:11	DAVISON, Paul		Team Men	42	26
25	1:12:24	HAINES, Simon		Team Men	62	27
26	1:12:40	WRAY, Neil		Team Men	178	28
27	1:13:00	STATHAM, MALCOLM	Colchester Harriers	Team Men	685	29
28	1:13:29	COOMBES, Andy	Southend on Sea AC	Team Men	228	30
29	1:13:51	POOLE, Joe		Team Men	118	31
30	1:14:04	RANSON, Ashleigh	Road Runners Club	Team Men	121	32
31	1:14:13	WOOD, Ben	Leigh on Sea Striders	Team Men	176	33
32	1:14:16	MILLER, Simon	Springfield Striders	Team Men	101	34
33	1:14:23	AGASTINA, Paul		Team Men	1	35
34	1:14:40	GREEN, Rory		Team Men	58	36
35	1:15:13	SMITH, DAVID		Team Men	147	38
36	1:15:41	WHISTON, Arthur	Colchester Harriers	Team Men	174	40
37	1:15:42	SHILLAKER, Mark	Tiptree Road Runners	Team Men	210	41
38	1:15:48	VIDAL, Nuno		Team Men	160	42
39	1:16:40	BENNETT BRITTON, Tom		Team Men	15	44
40	1:16:42	FOX, Chris	Woodbridge Shufflers	Team Men	52	45
41	1:17:11	SOUTHGATE, Oliver		Team Men	151	46
42	1:17:25	SCOTT, Mark		Team Men	208	47
43	1:17:25	HOLLIDGE, Paul	Great Bentley Running Club	Team Men	70	48
44	1:18:05	FARR, Richard	Southend Flyers	Team Men	230	51
45	1:18:11	DOWNHAM, Marc	Leigh on Sea Striders	Team Men	44	52
46	1:18:13	ORFORD, Martin	Phoenix Striders	Team Men	202	53
47	1:18:20	BURGESS, Chris	Runfit Essex	Team Men	688	54
48	1:18:31	STOW, Adam	Phoenix Striders	Team Men	156	55
49	1:18:45	DOWNING, PETER		Team Men	45	56
50	1:19:56	ALLEN, Karl		Team Men	3	57
51	1:20:27	HORNE, Justin		Team Men	71	58
52	1:20:28	SALTER, Daniel		Team Men	129	59
53	1:20:38	HOWLETT, Martin		Team Men	75	60
54	1:20:45	RICHARDSON, Lloyd		Team Men	123	61
55	1:20:48	SAMUELS, Maris		Team Men	229	62
56	1:20:54	TOUGH, Ashley		Team Men	158	63
57	1:21:09	PURBROOK, Clive	Newmarket Joggers	Team Men	120	64

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

Results produced by Mersea Island Lions Club. Printed by Mersea Island Lions Club on 1 September

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Results for All Men in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
58	1:21:11	AXFORD, Chris		Team Men	5	65
59	1:21:16	SEWELL, Christopher	Springfield Striders	Team Men	133	66
60	1:21:38	HEDGER, Paul	Witham RC	Team Men	217	68
61	1:21:41	WALNE, Jason		Team Men	164	69
62	1:22:26	KING, Adam		Team Men	80	70
63	1:22:26	COBB, Sean		Team Men	683	71
64	1:22:27	SAUL, David	Chiltern Harriers	Team Men	130	72
65	1:22:32	HIGGON, Jeff	Harwich Runners	Team Men	67	74
66	1:24:05	FOX, Alan		Team Men	51	75
67	1:24:31	SLATER, James	Tiptree Road Runners	Team Men	227	78
68	1:24:45	BAKER, Simon	Tiptree Road Runners	Team Men	7	80
69	1:24:47	WILSON, Martin		Team Men	689	81
70	1:25:26	WAUDBY, Graham		Team Men	170	82
71	1:25:50	ROJAS, Keith		Team Men	128	85
72	1:26:02	WARNE, John		Team Men	167	86
73	1:26:21	BROWN, Tom		Team Men	20	88
74	1:27:23	ROSS, Stuart	Benfleet RC	Team Men	224	90
75	1:28:02	HEALEY, Steven	Phoenix Striders	Team Men	65	92
76	1:28:16	TAYLOR, Paul		Team Men	157	93
77	1:28:45	KIRSH, NEIL		Team Men	81	94
78	1:28:56	CHAMBERS, Thomas	Brandon Fern Hoppers	Team Men	25	95
79	1:29:11	DARBY, PAUL		Team Men	39	96
80	1:29:23	GREGORY, Paul	Tiptree Road Runners	Team Men	218	98
81	1:29:31	SMITH, Anthony	Witham RC	Team Men	211	99
82	1:29:51	HOLDER, JULIAN	Tiptree Road Runners	Team Men	195	101
83	1:30:37	HILLYARD, Sam	Braintree Distict Athletics Club	Team Men	69	105
84	1:30:44	PETTIT, Steve	Leigh on Sea Striders	Team Men	116	106
85	1:32:31	BRIGHT, Steve		Team Men	19	111
86	1:33:01	COWEN, Stephen		Team Men	187	114
87	1:33:13	COOK, CHRIS	St Edmund Pacers	Team Men	682	115
88	1:33:21	KITCHING, Michael		Team Men	83	117
89	1:33:40	SPURR, Gavin		Team Men	216	118
90	1:33:59	MILLS, David Eddie	Phoenix Striders	Team Men	679	121
91	1:34:45	RIVERS, Nic	Leigh on Sea Striders	Team Men	125	123
92	1:35:00	RUROWICZ, Michal		Team Men	209	124
93	1:35:05	HAIR, Jez		Team Men	181	125
94	1:35:45	SUMMERSGILL, Daniel		Team Men	691	128
95	1:37:22	YOUNG, Mark		Team Men	179	132
96	1:37:42	OWEN-WILLIAMS, Bryn		Team Men	107	135
97	1:37:47	CARVEY, Richard		Team Men	24	136
98	1:38:11	PASCOE, Darren		Team Men	204	138
99	1:39:02	PUTNAM, Neil		Team Men	206	143
100	1:39:16	BENHAM, MARK		Team Men	13	146
101	1:39:48	WEST, Robert	Leigh on Sea Striders	Team Men	173	147
102	1:39:58	HOY, Mark		Team Men	690	149
103	1:40:27	CRAIG, Jordan		Team Men	35	151
104	1:40:31	VOYCE, Bill		Team Men	163	153
105	1:41:11	WILKINSON, John		Team Men	175	156
106	1:41:42	LEE-CAZONE, Elliot		Team Men	684	158
107	1:41:46	KETTERER, Tim	Leigh on Sea Striders	Team Men	686	161
108	1:42:23	PARKER, Jeremy		Team Men	110	163
109	1:44:19	MILES, ALBERT	Castle Point Joggers	Team Men	99	169
110	1:44:55	GRAHAM, Alex		Team Men	191	170
111	1:45:09	TOUGH, Dave		Team Men	159	171
112	1:45:42	HARRINGTON, Paul	Halstead Road Runners	Team Men	63	172
113	1:48:25	WALKINGSHAW, Grahame		Team Men	223	174
114	1:50:56	FREEMAN, Jean		Team Men	53	180
115	1:50:56	ROBERTS, Ian		Team Men	126	181
116	1:51:38	MARSH, Larina	Tiptree Road Runners	Team Men	91	183
117	1:55:09	OXLADE, Lianne		Team Men	203	189

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118	1:57:21	BUSH, John	Great Bentley Running Club	Team Men	23	193
119	1:58:22	JASTRZEBSKI, Dariusz		Team Men	78	195
120	2:02:53	HOWE, Nelson		Team Men	73	200
121	2:06:09	CARGILL, Oliver		Team Men	219	201
122	2:07:27	PASSINGHAM, Keith		Team Men	111	204
123	2:21:28	MCSORLEY, Stuart		Team Men	98	206

There were 123 finishers in the All Men category.