

Lions Race 5 Mile

Sunday 28 August 2016. 10:30 am

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
1	0:28:48	HOWLETT, Adam	Framlingham Flyers	Team Men	537	1
2	0:29:30	MINGAY, Paul	Tiptree Road Runners	Team Men	620	2
3	0:29:38	MILLWARD, Danny		Team Men	619	3
4	0:29:41	RODGERS, Paul	Colchester Harriers	Team Men	568	4
5	0:31:48	DALEY, Steven	Beckenham RC	Team Men	516	5
6	0:32:04	KIRSH, Stephen			540	6
7	0:32:12	FLUTTER, Richard	Harwich Runners	Team Men	609	7
8	0:33:06	FINCH, Jonathan	Tiptree Road Runners	Team Men	608	8
9	0:33:09	WALDER, Jerry	Colchester Harriers	Team Men	590	9
10	0:33:17	CONWAY, Andrew	Tiptree Road Runners	Team Men	397	10
11	0:33:33	PENNINGTON, Sarah	Southend on Sea AC	Team Ladies	563	11
12	0:34:03	COLE, Leo	Witham RC	Team Men	32	12
13	0:34:03	TRELIVING, Simon		Team Men	586	13
14	0:34:34	BODEN, Joseph		Team Men	602	14
15	0:34:50	MCBRIDE, Louis		Team Men	984	15
16	0:35:26	LYNCH, Mark	Witham RC	Team Men	616	16
17	0:35:33	MORGAN, Simon	Colchester Harriers	Team Men	556	17
18	0:35:39	BIRD, Peter	St Edmund Pacers	Team Men	980	18
19	0:36:06	BELCHER, Ross		Team Men	503	19
20	0:36:25	REYNOLDS, Paula	Harlow Running Club	Team Ladies	954	20
21	0:37:11	PYLE, Nicola	Springfield Striders	Team Ladies	565	21
22	0:37:29	LANKESTER, George	Jaffa	Team Men	542	22
23	0:37:38	PITTMAN, Rebecca	Springfield Striders	Team Ladies	564	23
24	0:37:58	SLAYFORD, Clive		Team Men	576	24
25	0:38:07	THEOBALD, Royston		Team Men	585	25
26	0:38:09	REEVE, Stuart		Team Men	963	26
27	0:38:18	THORNTON, Alex		Team Men	975	27
28	0:38:27	GOODE, Robert		Team Men	524	28
29	0:39:01	DUGGAN, Robert		Team Men	306	30
30	0:39:43	RAMAGE, Sharyn		Team Ladies	566	31
31	0:39:59	LANKESTER, MARK	Jaffa	Team Men	543	32
32	0:40:08	AVERY, Mark	Ipswich Jaffa RC	Team Men	991	33
33	0:40:11	STAINES, Mick		Team Men	905	34
34	0:40:13	HOLOHAN, Lee		Team Men	534	35
35	0:40:15	DAVIDGE, Graeme		Team Men	607	36
36	0:40:52	YATES, Louise		Team Ladies	598	37
37	0:41:00	CASWELL, BRIAN		Team Men	305	38
38	0:41:20	LEE, Mon	Ipswich Jaffa RC	Team Men	304	39
39	0:42:18	SMITH, Gareth	Castle Point Joggers	Team Men	578	40
40	0:42:23	CORBETT, TARA	Range Farm Trotters	Team Ladies	512	41
41	0:42:23	CORBETT, Laetitia	Range Farm Trotters	Team Ladies	511	42
42	0:42:35	CHAMBERLAIN, Simon		Team Men	970	43
43	0:42:36	MEIER, Karl		Team Men	867	44
44	0:42:47	MAY, Alex		Team Men	549	45
45	0:43:02	HADGRAFT, Rob	Tiptree Road Runners	Team Men	526	46
46	0:43:09	WELLS, LANCE		Team Men	986	47
47	0:43:13	PACE, Louis		Team Men	561	48
48	0:43:21	DALE, Paul		Team Men	606	49
49	0:43:25	LEDLEY, Jason		Team Men	985	50
50	0:43:38	GARDENER, Jim		Team Men	523	51
51	0:43:39	SLANE, Kirsty		Team Ladies	956	52
52	0:43:45	JACKSON, Rachel	Tiptree Road Runners	Team Ladies	614	53
53	0:44:14	WEST, Lucy	Running Colchester	Team Ladies	976	54
54	0:44:16	MORGAN, Abigail	Canterbury Harriers	Team Ladies	555	55
55	0:44:22	COLLING, Gemma	Great Bentley Running Club	Team Ladies	510	56
56	0:44:31	HOWELL, David		Team Men	536	57
57	0:44:37	CARR, James		Team Men	871	58

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

Results produced by Mersea Island Lions Club. Printed by Mersea Island Lions Club on 1 September

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Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
58	0:45:06	WOOD, Abigail		Team Ladies	595	59
59	0:45:15	BANTING, Esme		Team Ladies	501	60
60	0:45:23	BOULDSTRIPGE, Peter	Tiptree Road Runners	Team Men	876	61
61	0:45:25	RIGBY, Sam		Team Men	987	62
62	0:45:27	WINSLEY, Paul		Team Men	962	63
63	0:45:27	WALKER, Jonathan		Team Men	960	64
64	0:45:34	SILVERTON, Andrew		Team Men	574	65
65	0:45:43	SEEAR, John		Team Men	529	66
66	0:46:58	WOOD, Tierney	Leigh on Sea Striders	Team Ladies	988	67
67	0:47:02	LEPLEY, Deborah		Team Ladies	544	68
68	0:47:12	HARE, Roger	Castle Point Joggers	Team Men	612	69
69	0:47:13	BLAND, Stephen		Team Men	990	70
70	0:47:14	HARE, Jude	Castle Point Joggers	Team Ladies	611	71
71	0:47:15	SMITH, Maddie		Team Ladies	957	72
72	0:47:16	MARLOW, Douglas		Team Men	547	73
73	0:47:17	FUSSELL, Robin		Team Men	528	74
74	0:47:42	SLAYFORD, Adam		Team Men	575	75
75	0:47:48	SINGLETON, Paul		Team Ladies	303	76
76	0:47:50	MITCHELL, Lee		Team Men	302	77
77	0:48:14	RICHMOND, Gary		Team Men	992	78
78	0:48:18	FOLEY, Sue	Jogging Made Easy	Team Ladies	972	79
79	0:48:22	HOSFORD, Lily		Team Ladies	535	80
80	0:48:32	WILSON, Cheryl	Phoenix Striders	Team Ladies	594	81
81	0:48:34	CROSS, Susan		Team Ladies	599	82
82	0:48:39	MOORCROFT, Katie		Team Ladies	997	83
83	0:48:45	HASTINGS, Charlotte		Team Ladies	971	84
84	0:48:45	HASTINGS, Martin		Team Men	973	85
85	0:48:52	HEPWORTH, Michael		Team Men	530	86
86	0:48:53	SUTTON, Matthew	Leigh on Sea Striders	Team Men	958	87
87	0:48:58	GOULD, Zoe	Tiptree Road Runners	Team Ladies	525	88
88	0:49:04	RODGERS, Rachel		Team Ladies	569	89
89	0:49:04	CREW, Hayley		Team Ladies	605	90
90	0:49:28	FIFIELD, Richard		Team Men	968	91
91	0:50:01	BIRD, Eloise	St Edmund Pacers	Team Ladies	979	92
92	0:50:03	RADLEY, Dionne	Dengie 100 Runners	Team Ladies	981	93
93	0:50:08	STONE, Joe		Team Men	307	94
94	0:50:15	FIFIELD, Cathryn		Team Ladies	969	95
95	0:50:47	HIGGON, Jo	Harwich Runners	Team Ladies	531	96
96	0:50:48	BETTS, David		Team Men	504	97
97	0:50:57	ROBERTSON, Glen		Team Men	993	98
98	0:51:00	LAWRENCE, Sarah		Team Ladies	615	99
99	0:51:32	PEAKE, Rebecca	Southend Flyers	Team Ladies	978	100
100	0:51:34	JOYCE, Lorraine		Team Ladies	539	101
101	0:51:45	VERRIER, Lynne		Team Ladies	587	102
102	0:51:46	PEARCE, Ellie	Jogging Made Easy		966	103
103	0:51:47	MORLEY, Jacqui		Team Ladies	557	104
104	0:51:47	FERGUSON, Sophie		Team Ladies	520	105
105	0:51:49	BENDALL, Clare		Team Ladies	301	106
106	0:51:53	HAIR, Heather		Team Ladies	527	107
107	0:52:08	DUDMAN, Katherine		Team Ladies	983	108
108	0:52:18	WEST, David	Leigh on Sea Striders	Team Men	591	109
109	0:52:19	WIDDOWSON, Caroline		Team Ladies	889	110
110	0:52:19	WIDDOWSON, Ian		Team Men	865	111
111	0:52:32	CRITTENDEN, Mark	Great Bentley Running Club	Team Men	989	112
112	0:52:32	SHEPHERD, Charlotte		Team Ladies	573	113
113	0:52:45	DARNELL, robert		Team Men	517	114
114	0:52:54	DALEY, stephanie		Team Ladies	515	115
115	0:53:01	DALEY, Isabella		Team Ladies	514	116
116	0:53:01	BURKE, Kathryn		Team Ladies	508	117
117	0:53:09	HILL, Sandra		Team Ladies	532	118

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118	0:53:19	CARSWELL, Thomas		Team Men	603	119
119	0:53:31	NUTLEY, Valerie		Team Ladies	560	120
120	0:53:48	MONCUR, Carol		Team Ladies	553	121
121	0:54:54	BARNARD, Frances		Team Ladies	502	122
122	0:55:27	TROUT, Charles		Team Men	601	123
123	0:56:12	LOXLEY, Chris		Team Men	546	124
124	0:56:19	SOLOMON, Sally	Felixstowe Road Runners	Team Ladies	581	125
125	0:56:19	OSTLER, Anneli	Felixstowe Road Runners	Team Men	964	126
126	0:56:31	DRAGE, L		Team Ladies	519	127
127	0:56:34	WOOD, Samantha		Team Ladies	596	128
128	0:56:34	WOOD, Clive		Team Men	604	129
129	0:56:44	PUTNAM, Susanna		Team Ladies	953	130
130	0:56:49	JONES, Maxine		Team Ladies	538	131
131	0:56:50	POWLING, Hayley		Team Ladies	965	132
132	0:57:52	BISHOP, Joanna		Team Ladies	506	133
133	0:58:05	WELLINGTON, Anthony		Team Men	974	134
134	0:58:08	JEFFERIES, Madeleine		Team Ladies	996	135
135	0:58:11	MILLER, Jerry		Team Men	551	136
136	0:58:24	FULLER, Sherry		Team Ladies	977	137
137	0:58:34	SHORE, Kathy		Team Ladies	955	138
138	0:58:36	MCQUEENIE, Maria		Team Ladies	617	139
139	0:58:36	VINICOMBE, Carole		Team Ladies	588	140
140	0:59:19	HAWKINS, Rhys	Pitsea Running Club	Team Men	999	141
141	0:59:23	FREEMAN, Peter		Team Men	610	142
142	0:59:23	TAYLOR, Sam		Team Ladies	584	143
143	0:59:30	FUSSEL, Michelle		Team Ladies	522	144
144	1:00:49	NUTLEY, Philip	St Edmund Pacers	Team Men	559	145
145	1:01:15	BANNOCKS, Susan	Phoenix Striders	Team Ladies	500	146
146	1:01:41	MAYNE, Tom		Team Men	994	147
147	1:03:06	SMITH, Claire		Team Ladies	577	148
148	1:03:23	TAYLOR, Val	Southend Flyers	Team Ladies	967	149
149	1:03:59	ROSE, Victoria		Team Ladies	570	150
150	1:04:19	SNOW, Alison		Team Ladies	580	151
151	1:06:21	WILLSMORE, Mel		Team Ladies	593	152
152	1:06:34	DAWDRY, Helen		Team Ladies	982	153
153	1:07:28	COTTON, Samantha		Team Men	513	154
154	1:07:28	MOORE, Debbie		Team Ladies	554	155
155	1:08:05	HAWKINS, Nicola	Phoenix Striders	Team Ladies	998	156
156	1:08:12	MARTIN, Natalie		Team Ladies	548	157
157	1:09:12	BURKE, Katherine		Team Ladies	507	158
158	1:09:12	MULHOLLAND, Karen		Team Ladies	558	159
159	1:09:12	WIGNALL, David		Team Men	592	160
160	1:11:13	KITCHING, Linda		Team Ladies	541	161
161	1:11:13	KITCHING, Alyssa		Team Ladies	995	162
162	1:11:29	IDDON, Linzi	Great Bentley Running Club	Team Ladies	613	163
163	1:13:08	SENIOR, Dawn		Team Ladies	572	164
164	1:13:08	RICHMOND, Nicola		Team Ladies	567	165

There were 164 finishers in the All Competitors category.