

Lions Race
5 Mile

Sunday 28 August 2016. 10:30 am

Results for All Men in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
1	0:28:48	HOWLETT, Adam	Framlingham Flyers	Team Men	537	1
2	0:29:30	MINGAY, Paul	Tiptree Road Runners	Team Men	620	2
3	0:29:38	MILLWARD, Danny		Team Men	619	3
4	0:29:41	RODGERS, Paul	Colchester Harriers	Team Men	568	4
5	0:31:48	DALEY, Steven	Beckenham RC	Team Men	516	5
6	0:32:12	FLUTTER, Richard	Harwich Runners	Team Men	609	7
7	0:33:06	FINCH, Jonathan	Tiptree Road Runners	Team Men	608	8
8	0:33:09	WALDER, Jerry	Colchester Harriers	Team Men	590	9
9	0:33:17	CONWAY, Andrew	Tiptree Road Runners	Team Men	397	10
10	0:34:03	COLE, Leo	Witham RC	Team Men	32	12
11	0:34:03	TRELIVING, Simon		Team Men	586	13
12	0:34:34	BODEN, Joseph		Team Men	602	14
13	0:34:50	MCBRIDE, Louis		Team Men	984	15
14	0:35:26	LYNCH, Mark	Witham RC	Team Men	616	16
15	0:35:33	MORGAN, Simon	Colchester Harriers	Team Men	556	17
16	0:35:39	BIRD, Peter	St Edmund Pacers	Team Men	980	18
17	0:36:06	BELCHER, Ross		Team Men	503	19
18	0:37:29	LANKESTER, George	Jaffa	Team Men	542	22
19	0:37:58	SLAYFORD, Clive		Team Men	576	24
20	0:38:07	THEOBALD, Royston		Team Men	585	25
21	0:38:09	REEVE, Stuart		Team Men	963	26
22	0:38:18	THORNTON, Alex		Team Men	975	27
23	0:38:27	GOODE, Robert		Team Men	524	28
24	0:39:01	DUGGAN, Robert		Team Men	306	30
25	0:39:59	LANKESTER, MARK	Jaffa	Team Men	543	32
26	0:40:08	AVERY, Mark	Ipswich Jaffa RC	Team Men	991	33
27	0:40:11	STAINES, Mick		Team Men	905	34
28	0:40:13	HOLOHAN, Lee		Team Men	534	35
29	0:40:15	DAVIDGE, Graeme		Team Men	607	36
30	0:41:00	CASWELL, BRIAN		Team Men	305	38
31	0:41:20	LEE, Mon	Ipswich Jaffa RC	Team Men	304	39
32	0:42:18	SMITH, Gareth	Castle Point Joggers	Team Men	578	40
33	0:42:35	CHAMBERLAIN, Simon		Team Men	970	43
34	0:42:36	MEIER, Karl		Team Men	867	44
35	0:42:47	MAY, Alex		Team Men	549	45
36	0:43:02	HADGRAFT, Rob	Tiptree Road Runners	Team Men	526	46
37	0:43:09	WELLS, LANCE		Team Men	986	47
38	0:43:13	PACE, Louis		Team Men	561	48
39	0:43:21	DALE, Paul		Team Men	606	49
40	0:43:25	LEDLEY, Jason		Team Men	985	50
41	0:43:38	GARDENER, Jim		Team Men	523	51
42	0:44:31	HOWELL, David		Team Men	536	57
43	0:44:37	CARR, James		Team Men	871	58
44	0:45:23	BOULDSTRIPGE, Peter	Tiptree Road Runners	Team Men	876	61
45	0:45:25	RIGBY, Sam		Team Men	987	62
46	0:45:27	WINSLEY, Paul		Team Men	962	63
47	0:45:27	WALKER, Jonathan		Team Men	960	64
48	0:45:34	SILVERTON, Andrew		Team Men	574	65
49	0:45:43	SEEAR, John		Team Men	529	66
50	0:47:12	HARE, Roger	Castle Point Joggers	Team Men	612	69
51	0:47:13	BLAND, Stephen		Team Men	990	70
52	0:47:16	MARLOW, Douglas		Team Men	547	73
53	0:47:17	FUSSELL, Robin		Team Men	528	74
54	0:47:42	SLAYFORD, Adam		Team Men	575	75
55	0:47:50	MITCHELL, Lee		Team Men	302	77
56	0:48:14	RICHMOND, Gary		Team Men	992	78
57	0:48:45	HASTINGS, Martin		Team Men	973	85

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

Results for All Men in finish order.

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58	0:48:52	HEPWORTH, Michael		Team Men	530	86
59	0:48:53	SUTTON, Matthew	Leigh on Sea Striders	Team Men	958	87
60	0:49:28	FIFIELD, Richard		Team Men	968	91
61	0:50:08	STONE, Joe		Team Men	307	94
62	0:50:48	BETTS, David		Team Men	504	97
63	0:50:57	ROBERTSON, Glen		Team Men	993	98
64	0:52:18	WEST, David	Leigh on Sea Striders	Team Men	591	109
65	0:52:19	WIDDOWSON, Ian		Team Men	865	111
66	0:52:32	CRITTENDEN, Mark	Great Bentley Running Club	Team Men	989	112
67	0:52:45	DARNELL, robert		Team Men	517	114
68	0:53:19	CARSWELL, Thomas		Team Men	603	119
69	0:55:27	TROUT, Charles		Team Men	601	123
70	0:56:12	LOXLEY, Chris		Team Men	546	124
71	0:56:19	OSTLER, Anneli	Felixstowe Road Runners	Team Men	964	126
72	0:56:34	WOOD, Clive		Team Men	604	129
73	0:58:05	WELLINGTON, Anthony		Team Men	974	134
74	0:58:11	MILLER, Jerry		Team Men	551	136
75	0:59:19	HAWKINS, Rhys	Pitsea Running Club	Team Men	999	141
76	0:59:23	FREEMAN, Peter		Team Men	610	142
77	1:00:49	NUTLEY, Philip	St Edmund Pacers	Team Men	559	145
78	1:01:41	MAYNE, Tom		Team Men	994	147
79	1:07:28	COTTON, Samantha		Team Men	513	154
80	1:09:12	WIGNALL, David		Team Men	592	160

There were 80 finishers in the All Men category.