

5 and 10 Race

10 Mile

Sunday 27 August 2017. 10:30 am

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
1	1:01:21	CRESSWELL, Tom	Colchester Harriers	All Men	434	1
2	1:04:06	PRESTON, Paul	Colchester Harriers	All Men	356	2
3	1:04:15	MARLEY, Keith	Colchester Harriers	All Men	480	3
4	1:04:40	BACK, Terry	Ipswich Jaffa RC	60+ Male	311	4
5	1:04:45	COLE, Leo	Witham RC	All Men	426	5
6	1:06:21	VINICOMBE, Robert	Phoenix Striders	All Men	310	6
7	1:07:29	BODEN, Richard	Colchester Harriers	All Men	410	7
8	1:07:53	GRINHAM, Carl		All Men	456	8
9	1:08:35	GRAVES, Aaron	Tiptree Road Runners	All Men	351	9
10	1:08:44	DAWSON, Craig	Tiptree Road Runners	All Men	438	10
11	1:08:49	MITCHELL, Craig	Colchester Harriers	All Men	492	11
12	1:09:09	GAY, Chaz		All Men	452	12
13	1:09:27	DELLAR, Paul	Tiptree Road Runners	All Men	334	13
14	1:09:35	EDWARDS, Tristan		All Men	443	14
15	1:09:37	BARRETT, Matt	Leigh on Sea Striders	All Men	405	15
16	1:09:45	WEBSTER, Leon	Springfield Striders	All Men	341	16
17	1:09:51	MILES, LLOYD	Billericay Striders	All Men	490	17
18	1:10:03	FABYONIC, Matt		All Men	448	18
19	1:10:47	RICHARDSON, Ian	Cambridge and Coleridge AC	All Men	315	19
20	1:11:13	ELDEN, Ian	Sudbury Joggers	All Men	444	20
21	1:12:05	WOOD, Ben	Leigh on Sea Striders	All Men	545	21
22	1:12:13	PAGE, Rob	Ipswich Jaffa RC	All Men	323	22
23	1:13:04	HARPER, Kevin	Witham RC	All Men	460	23
24	1:13:05	DEAKIN, Rob	Birchfield	All Men	347	24
25	1:13:39	QUINN, Ronan	Leigh on Sea Striders	All Men	507	25
26	1:14:38	STOW, Adam	Phoenix Striders	All Men	529	26
27	1:14:50	GREGORY, Charlotte	Leigh on Sea Striders	All Ladies	317	27
28	1:15:18	CULSHAW, Amelia	Running Somewhere Else	All Ladies	365	28
29	1:15:42	BEVAN, Malcolm		All Men	409	29
30	1:16:00	GAREY, Chris	Springfield Striders	All Men	451	30
31	1:16:04	SEWELL, Christopher	Springfield Striders	All Men	519	31
32	1:16:19	FICKEN, Benjamin	Great Bentley Running Club	All Men	450	32
33	1:16:55	JOHNS, Chris	Woodbridge Shufflers	60+ Male	343	33
34	1:17:21	BENNETT, Paul		All Men	408	34
35	1:17:27	KERR, Peter	Leigh on Sea Striders	All Men	473	35
36	1:18:13	MCMASTERS, David	Leigh on Sea Striders	All Men	485	36
37	1:18:47	SMITH, DAVID	Springfield Striders	60+ Male	526	37
38	1:19:27	HARRINGTON, TRACY	Tiptree Road Runners	All Ladies	352	38
39	1:19:46	AYLETT, Christopher		All Men	404	39
40	1:19:50	HAZELWOOD, Lee	Phoenix Striders	All Men	466	40
41	1:19:50	WILKINSON, Colin	Phoenix Striders	All Men	540	41
42	1:20:03	VIDAL, Nuno	Jogging Made Easy	All Men	532	42
43	1:20:08	CHANEY, Will	Jogging Made Easy	All Men	421	43
44	1:20:09	STATHAM, MALCOLM	Colchester Harriers	All Men	353	44
45	1:20:16	AXFORD, Chris	Jogging Made Easy	All Men	403	45
46	1:20:20	HARRIS, Ffion	Colchester Harriers	All Ladies	463	46
47	1:20:25	DAY, Mark		All Men	439	47
48	1:20:30	HOLLOWAY, Errol		All Men	342	48
49	1:21:12	MCCULLAGH, James	Great Bentley Running Club	All Men	483	49
50	1:21:24	HOOD, Derek	Ipswich Jaffa RC	All Men	322	50
51	1:21:45	DOWNING, PETER		60+ Male	441	51
52	1:22:14	ROWLATT, Gary	Phoenix Striders	All Men	321	52

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
53	1:22:23	COLLINS, Jacob	Ipswich Jaffa RC	All Men	324	53
54	1:23:02	MORRIS, Donna	Springfield Striders	All Ladies	494	54
55	1:23:09	WARNE, John	Halstead Road Runners	60+ Male	534	55
56	1:23:13	HALL, Alison	Leigh on Sea Striders	All Ladies	459	56
57	1:23:17	EMMS, Laura	Great Bentley Running Club	All Ladies	445	57
58	1:23:40	WALNE, JASON		All Men	533	58
59	1:23:46	GOODWIN, Justin		All Men	366	59
60	1:24:31	CLARK, Neal	Phoenix Striders	All Men	422	60
61	1:24:49	CAMP, Gemma	Great Bentley Running Club	All Ladies	339	61
62	1:24:55	MURDOCH, Steven		All Men	495	62
63	1:25:00	PHILLIPS, Stuart	Braintree Distict Athletics Club	All Men	504	63
64	1:25:03	TATMAN, Ian	Leigh on Sea Striders	All Men	531	64
65	1:25:22	BEAN, Ruth		All Ladies	333	65
66	1:25:26	ALEXANDER, Gale	Leigh on Sea Striders	All Ladies	400	66
67	1:25:29	SAUL, David	Chiltern Harriers	All Men	517	67
68	1:25:33	KING, Adam		All Men	475	68
69	1:25:42	BENHAM, MARK		All Men	406	69
70	1:26:10	HUGHES, Andrew	Braintree Distict Athletics Club	All Men	303	70
71	1:26:23	FARREN, Cheri	Jogging Made Easy	All Ladies	449	71
72	1:26:24	HAYLETT, Michael	Leigh on Sea Striders	All Men	465	72
73	1:26:27	CORBETT, Laetitia	Grange Farm Dunmow	Under 20 Female	359	73
74	1:26:28	FLEUTY, Kelvin	Dengie 100 Runners	All Men	337	74
75	1:26:34	CONNOR, Elisabeth	Team FitMix	All Ladies	329	75
76	1:26:59	REEVE, Tina	Leigh on Sea Striders	All Ladies	510	76
77	1:27:06	DIXION, Shaun		All Men	349	77
78	1:27:16	BASTIAN, Richard		All Men	348	78
79	1:27:22	GEORGE, Roxanne	Leigh on Sea Striders	All Ladies	453	79
80	1:27:24	ROAKE, Simon		All Men	514	80
81	1:27:32	HIGGON, Jeff	Harwich Runners	60+ Male	469	81
82	1:27:50	RUSSELL, Jimmy	Felixstowe Road Runners	All Men	367	82
83	1:28:01	BRIGHT, Gary	Castle Point Joggers	All Men	413	83
84	1:28:25	GODDEN, Samantha		All Ladies	335	84
85	1:28:52	NEWSON, Charlotte	Little Baddow Ridge Runners	All Ladies	336	85
86	1:29:11	GRAY, Lindsay	Phoenix Striders	All Ladies	455	86
87	1:29:11	PRIGG, Robert	Leigh on Sea Striders	All Men	318	87
88	1:29:23	PETTITT, Steve	Leigh on Sea Striders	All Men	502	88
89	1:29:43	SMITH, Brian	Colchester Harriers	All Men	340	89
90	1:29:45	BOOTY, Rebecca	Witham RC	All Ladies	411	90
91	1:29:46	CARGILL, Oliver	Running Colchester	All Men	326	91
92	1:30:00	BIRNIE, Derek	Flyers Southend	60+ Male	314	92
93	1:30:26	HEDGER, PAUL	Witham RC	All Men	468	93
94	1:31:05	PHILLIPS, Michelle	Braintree Distict Athletics Club	All Ladies	503	94
95	1:31:07	COOK, CHRIS	St Edmund Pacers	60+ Male	430	95
96	1:31:10	CLARK, Alison		All Ladies	328	96
97	1:31:12	CLYNE, Vanessa	Orion Harriers	All Ladies	423	97
98	1:31:33	LIFF, Anna	Springfield Striders	All Ladies	479	98
99	1:31:46	BOSHELL, Samantha	Dengie 100 Runners	All Ladies	412	99
100	1:31:58	HOCKEN, Adam	Witham RC	All Men	312	100
101	1:32:16	HOLMAN, William	Phoenix Striders	All Men	358	101
102	1:32:17	BENHAM, Nicola		All Ladies	407	102
103	1:32:58	SUMMERS, Julia	Leigh on Sea Striders	All Ladies	530	103
104	1:33:07	VINICOMBE, Kim	Phoenix Striders	60+ Male	313	104
105	1:33:46	WINSOR, Gill	Dengie 100 Runners	All Ladies	543	105
106	1:33:47	COOKE, John	Great Bentley Running Club	All Men	431	106
107	1:34:11	FORRYAN, Alex	100 Peaks	All Men	327	107
108	1:34:30	SHILLING, Dawn	Witham RC	All Ladies	521	108

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
109	1:35:15	HARRINGTON, Treena	Halstead Road Runners	All Ladies	462	109
110	1:35:32	HOLDER, JULIAN	Tiptree Road Runners	All Men	470	110
111	1:35:36	RIVERS, Nic	Leigh on Sea Striders	All Men	513	111
112	1:35:43	ARMITAGE, Mark	Leigh on Sea Striders	All Men	402	112
113	1:36:35	COLLEY, Neil	Phoenix Striders	All Men	428	113
114	1:36:36	MASLEN, Nicola	Phoenix Striders	All Ladies	481	114
115	1:37:18	HALL, Jo-anne	Leigh on Sea Striders	All Ladies	316	115
116	1:37:56	BRIGHT, Stephen		All Men	414	116
117	1:38:22	MCHUGH, Laura	Leigh on Sea Striders	All Ladies	484	117
118	1:39:01	HUTCHINSON, Meriel	Phoenix Striders	All Ladies	472	118
119	1:39:32	KENT, Catherine		All Ladies	319	119
120	1:39:51	ROTHWELL, Sally		All Ladies	547	120
121	1:40:18	RIVERS, Lynn	Leigh on Sea Striders	All Ladies	512	121
122	1:40:35	SHEPPARD, Kirby	Ipswich Jaffa RC	All Men	325	122
123	1:40:39	CARVEY, Richard	Dengie 100 Runners	All Men	420	123
124	1:40:48	REEMAN, Grace	Phoenix Striders	All Ladies	509	124
125	1:41:30	COX, Elizabeth	Phoenix Striders	All Ladies	432	125
126	1:42:09	WILKINSON, Sharon	Phoenix Striders	All Ladies	542	126
127	1:42:49	COLE, Adrian	Stowmarket Striders	All Men	425	127
128	1:42:49	RENOLDS, Harriett		All Ladies	511	128
129	1:43:03	HARKIN, Simon		All Men	320	129
130	1:43:10	DOWNHAM, Claire	Leigh on Sea Striders	All Ladies	440	130
131	1:44:43	WALKINGSHAW, Grahame	Jogging Made Easy	All Men	344	131
132	1:46:00	CLARK, Tanya	Running Colchester	All Ladies	331	133
133	1:46:12	UPHAM, Rob		All Men	357	134
134	1:46:39	SIMPSON, Wendy		60+ Female	524	135
135	1:47:58	MEIER, Karl		All Men	361	136
136	1:47:59	CAROL, James		All Men	360	137
137	1:48:00	PALMER-BARNES, Belinda	Great Bentley Running Club	All Ladies	498	138
138	1:48:15	WELLINGTON, Jacqui	Flyers Southend	All Ladies	362	139
139	1:48:15	PORTER, Debra	Flyers Southend	All Ladies	364	140
140	1:48:25	MILES, ALBERT	Castle Point Joggers	60+ Male	489	141
141	1:48:45	MCMASTERS, Georgina	Leigh on Sea Striders	All Ladies	486	142
142	1:49:41	SORRELL, SUE	Great Bentley Running Club	All Ladies	363	143
143	1:49:41	WHITING, Angela	Stowmarket Striders	All Ladies	539	144
144	1:49:47	TOUGH, Dave		All Men	346	145
145	1:50:24	PULVIRENTI, Veronica		All Ladies	506	146
146	1:50:24	ESPEJON, Teodoro		All Men	446	147
147	1:51:07	WILKINSON, John	Phoenix Striders	All Men	541	148
148	1:52:46	PASSINGHAM, Keith	Flyers Southend	60+ Male	499	149
149	1:52:46	LIESCHING-SCHRODER, Karen	Flyers Southend	All Ladies	478	150
150	1:54:01	BULLEN-BELL, Sylvia	Witham RC	All Ladies	416	151
151	1:55:15	EVANS, Gary		All Men	447	152
152	1:56:30	AMOS, Helen		All Ladies	401	153
153	1:57:31	CAMPBELL-FREEMAN, Maggie		All Ladies	419	154
154	1:57:31	PEAKE, Rebecca	Flyers Southend	All Ladies	354	155
155	1:57:31	FARR, Richard	Flyers Southend	All Men	355	156
156	1:57:40	NEWHALL, Stephen		All Men	345	157
157	1:59:49	ROJAS, Keith		60+ Male	515	158
158	2:00:19	WEEKS, Jerri		All Ladies	537	159
159	2:00:27	SMALLEY, Jess	Leigh on Sea Striders	All Ladies	525	160
160	2:01:07	METCALF, Jen		All Ladies	488	161
161	2:01:07	MOORCROFT, Michelle		All Ladies	493	162
162	2:02:54	ALLID, Dean		All Men	368	163
163	2:06:39	HOLMAN, Michelle	Phoenix Striders	All Men	471	164

5 and 10 Race, 10 Mile - Sunday 27 August 2017. 10:30 am

Results for All Competitors in finish order.

Place Time Name Team

Race Age Category

Race Race

There were 163 finishers in the All Competitors category.