

#	First name	Last name	Bib	Team name	Final Result
1	Ram	Osman	60	Colchester Harriers	01:18:42.00
2	Angus	Holford	317	Woodford Green & Essex Ladies AC	01:20:15.96
3	Doug	McGillivray	61		01:25:29.80
4	Dmitrij	Savickij	350	Cambridge Harriers	01:28:30.29
5	Mark	Smith	3		01:29:22.30
6	Chris	Seymour	330	Mid Essex Casuals	01:31:45.90
7	DAVID	WRIGHT	344	Great Bentley Running Club	01:32:44.78
8	Allen	Smalls	44	Colchester Harriers	01:33:44.34
9	Glenn	Redman	360		01:39:34.00
10	J.	Townsend	366		01:39:39.46
11	Martin	Holland	4		01:40:26.30
12	Charlie	McCarthy	329	Harwich Runners	01:41:37.28
13	Craig	Mitchell	59	Great Bentley Running Club	01:41:41.50
14	Luke	Fordham	400	Braintree & District AC	01:43:52.38
15	Leon	Webster	42	Springfield Striders RC	01:43:53.13
16	Jonathan	Hammond	384	Billericay Striders	01:43:54.96
17	Steve	Sims	50		01:44:36.42
18	Alex	Thompson	308		01:45:25.75
19	Joe	Grierson	381		01:45:40.79
20	James	Grierson	372		01:46:43.96
21	Mark	Chippendale	1		01:46:51.86
22	Matthew	Stuart	8		01:47:47.86
23	Jason	Cattermole	374	Ipswich Jaffa RC	01:47:53.68
24	Joe	Francis	380		01:48:34.19
25	Chris	Wright	332		01:49:10.05
26	Darren	Smith	341		01:49:10.51
27	Jake	Mannings	43		01:51:18.39
28	Charles	Gay	55		01:51:34.74
29	Lee	Kent	392	Harlow Running Club	01:52:07.01
30	Lee	Relf	393		01:54:09.34
31	Adam	Burgess	304		01:55:24.07

32	James	Calnan	370		01:55:51.75
33	Trevor	King	54	LOSS	01:55:52.33
34	Stephen	Swaine	51		01:56:01.33
35	Marvin	Turner	5	Harold Wood Running Club	01:56:14.08
36	Peter	Wirtzfeld	16	Run Academy Worthing	01:56:42.68
37	Adam	Sewell	305		01:56:43.25
38	Gary	Ghag	356		01:56:45.23
39	Stan	Lee	31		01:58:53.33
40	Robert	Marcall	20		01:58:57.23
41	Glenn	Massey	359		01:59:56.59
42	Matthew	Brockington	6		02:00:07.96
43	Tim	Brockington	36	Springfield Striders RC	02:00:08.03
44	James	Gerard	371		02:02:47.16
45	Geoffrey	Reddin	357	Witham RC	02:05:42.29
46	Adie	Thomas	306		02:06:02.82
47	Jack	Wilders	368		02:06:15.48
48	Harry	Swinbourne	52		02:06:15.99
49	Philip	Read	17		02:06:19.84
50	Nicholas	Looby	10	Witham RC	02:07:54.74
51	Oliver	Dryhurst	12		02:08:45.34
52	Jon	Cameron	383		02:09:27.74
53	Ricky	Lee	47	Billericay Striders	02:10:55.21
54	Tony	GAWLER	38	Harold Wood Running Club	02:13:35.63
55	Paul	Hart	15	Harold Wood Running Club	02:13:38.76
56	Stuart	PHILLIPS	35		02:15:51.94
57	Christopher	Madell	333	Harold Wood Running Club	02:16:12.23
58	Stuart	Meddemmen	34		02:16:45.50
59	Daniel	Codling	339		02:17:08.90
60	Colin	Moss	337		02:18:03.63
61	David	Giles	343		02:18:03.66
62	Alan	Woodroof	307		02:19:10.05
63	Andy	Sutcliffe	49		02:21:05.24
64	Tony	Rawson	39	Harold Wood Running Club	02:21:12.29

65	Mike	Westmore	62	Harold Wood Running Club	02:21:55.14
66	Steve	Gourley	33	Harold Wood Running Club	02:22:47.41
67	Andrew	Large	315		02:23:38.23
68	Jack	Brigden	367		02:23:41.76
69	Andrew	Jennings	314		02:23:42.79
70	Peter	Greig-Smith	53		02:23:51.55
71	Matthew	Brown	7		02:26:38.20
72	ANDY	RELF	316		02:26:57.86
73	Patrick	Knapp	13		02:29:35.09
74	Sean	Kavanagh	28	Harold Wood Running Club	02:30:15.58
75	Stephen	Wheeler	32		02:32:54.68
76	Gareth	Parris	355	Dunmow Runners	02:34:56.93
77	Clive	Burrow	336	Harold Wood Running Club	02:35:23.21
78	Philip	Smith	18		02:36:50.91
79	Harry	Smith	361		02:41:10.53
80	Harry	Smith	362		02:41:10.71
81	Ryan	Pegrum	23		02:45:54.72
82	Ben	Withams	323		02:45:54.90